ENERGY EAST CORP

Form 4

November 06, 2007

if no longer

subject to

Section 16.

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

3235-0287 Number: January 31, Expires: 2005

0.5

OMB APPROVAL

Estimated average burden hours per response...

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * VON SCHACK WESLEY W			2. Issuer Name and Ticker or Trading Symbol ENERGY EAST CORP [EAS]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (M		(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
CORPORATI	ENERGY EAST CORPORATION, 217 COMMERCIAL STREET		(Month/Day/Year) 11/05/2007	_X Director 10% Owner X Officer (give title Other (specify below) Chairman, President & CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
PORTLAND,	ME 04101		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(State)

(Zip)

(City)

		14	DIC I - I	1011	-Delivative	Secui	ines Acquire	cu, Disposeu oi, o	i beneficiany	Owncu
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired (A) or TransactionDisposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				Beneficially Form: Owned Direct (D)	Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	11/05/2007		G	V	1,200	D	(12)	587,255.23 (8)	D	
Common Stock	11/05/2007		M		200,000	A	\$ 23.0625	787,255.23 (8)	D	
Common Stock	11/05/2007		D		200,000	D	\$ 27.73	587,255.23 (8)	D	
Common Stock	11/05/2007		M		200,000	A	\$ 20.18	787,255.23 (8)	D	
Common Stock	11/05/2007		D		200,000	D	\$ 27.73	587,255.23 (8)	D	

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Common Stock	11/05/2007	M	70,000	A	\$ 19.1	657,255.23 (8)	D	
Common Stock	11/05/2007	D	70,000	D	\$ 27.73	587,255.23 (8)	D	
Common Stock						10,827.1686 (1)	I	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year) a) or (D)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am Nui Sha
Employee Stock Option (right to buy) / SAR (2)	\$ 26.7188					02/19/1999(3)	02/19/2009	Common Stock	20
Employee Stock Option (right to buy) / SAR (2)	\$ 23.0625	11/05/2007		M	200,000	02/11/2000(4)	02/11/2010	Common Stock	20
Employee Stock Option (right to buy) / SAR (2)	\$ 20.18	11/05/2007		M	200,000	05/29/2001(5)	05/29/2011	Common Stock	20
Employee Stock Option	\$ 19.1	11/05/2007		M	70,000	02/12/2003(6)	02/12/2013	Common Stock	70

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(right to buy) / SAR (2)					
Employee Stock Option (right to buy) / SAR (2)	\$ 23.89	02/12/2004(7)	02/12/2014	Common Stock	27
Employee Stock option (right to buy) / SAR (2)	\$ 26.22	04/01/2005 <u>(9)</u>	04/01/2015	Common Stock	13
Employee Stock Option (right to buy) / SAR (2)	\$ 24.83	02/17/2006(10)	02/17/2016	Common Stock	7:
Employee Stock Option (right to buy) / SAR (2)	\$ 24.76	02/07/2007(11)	02/07/2017	Common Stock	7:

Reporting Owners

Reporting Owner Name / Address			Keiauonsnips			
	Director	10% Owner	Officer	Other		
VON SCHACK WESLEY W ENERGY EAST CORPORATION 217 COMMERCIAL STREET PORTLAND, ME 04101	X		Chairman, President & CEO			
<u> </u>						

Signatures

Wesley W. von

Schack 11/06/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 3

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- (1) Includes equity securities acquired with participant contributions, Company matching fund contributions, and reinvested dividends pursuant to the common stock fund of the Company's 401(k) Plan which are exempt from reporting.
 - The Stock Appreciation Right (SAR) was issued in tandem with an Employee Stock Option (right to buy). The exercise of a SAR will result in the corresponding cancellation of the Employee Stock Option (right to buy) to the extent of the number of shares of the
- (2) Company's Common Stock as to which SARs are exercised. The exercise of the Employee Stock Option (right to buy) will result in the corresponding cancellation of a SAR to the extent of the number of shares of the Company's Common Stock as to which the Employee Stock Option (right to buy) is exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 19, 1999; (b) in aggregate as to no more than 66 2/3% on January 1, 2000; and (c) on January 1, 2001 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 11, 2000; (b) in aggregate as to no more than 66 2/3% on January 1, 2001; and (c) on January 1, 2002 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on May 29, 2001; (b) in aggregate as to no more than 66 2/3% on January 1, 2002; and (c) on January 1, 2003 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2003; (b) in aggregate as to no more than 66 2/3% on January 1, 2004; and (c) on January 1, 2005 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to 100% of all options which have not been previously exercised.
- (8) Includes equity securities acquired with reinvested dividends that are exempt from reporting under Rule 16a-11.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on April 1, 2005; (b) in aggregate as to no more than 66 2/3% on January 1, 2006; and (c) on January 1, 2007 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 17, 2006; (b) in aggregate as to no more than 66 2/3% on January 1, 2007; and (c) on January 1, 2008 as to 100% of all options which have not been previously exercised.
- The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no (11) more than 33 1/3% on February 7, 2007; (b) in aggregate as to no more than 66 2/3% on January 1, 2008; and (c) on January 1, 2009 as to 100% of all options which have not been previously exercised.
- (12) Gift Transaction

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.