

NATURES SUNSHINE PRODUCTS INC  
Form 8-K  
April 22, 2003

[QuickLinks](#) -- Click here to rapidly navigate through this document

---

---

## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

---

### FORM 8-K

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report  
(Date of earliest event reported)  
**April 21, 2003**

Commission File Number  
**0-8707**

## NATURE'S SUNSHINE PRODUCTS, INC.

(Exact name of Registrant as specified in its charter)

**Utah**  
(State or other jurisdiction of  
incorporation or organization)

**87-0327982**  
(IRS Employer  
Identification No.)

**75 East 1700 South**  
**Provo, Utah 84606**

(Address of principal executive offices and zip code)

**(801) 342-4300**  
(Registrant's telephone number)

---

---

---

### Item 7. Financial Statements and Exhibits

(c)

99.1

Press release dated April 21, 2003.

**Item 9. Regulation FD Disclosure**

In accordance with SEC Release No. 33-8216, the following information is being provided under "Item 12. Results of Operations and Financial Condition."

On April 21, 2003, the Registrant issued a press release. A copy of the press release is attached as Exhibit 99.1 to this report.

2

---

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 21, 2003

NATURE'S SUNSHINE PRODUCTS, INC.

By: /s/ CRAIG D. HUFF

---

Name: Craig D. Huff

Title: Chief Financial Officer and Secretary

3

---

QuickLinks

[Item 7. Financial Statements and Exhibits](#)

[Item 9. Regulation FD Disclosure](#)

[SIGNATURES](#)