WEIS MARKETS INC

Form 4 July 12, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

OMB APPROVAL

Number:

January 31,

2005

0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimated average

Expires:

burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

Stock

(Print or Type Responses)

KESSLER DANIEL A			2. Issuer Name and Ticker or Trading Symbol WEIS MARKETS INC [WMK]			C	Issuer			
(Last)	(First) (1				_		,	(Checl	k all applicable)
(Last)	(Pilst) (1	, ,		Earliest T	ransaction			D:	100	0
1000 COLIT	TH SECOND	`		ay/Year)				Director _X_ Officer (give		Owner r (specify
1000 SOUTH SECOND			07/12/2007					below)	below)	· (opeen)
STREET, F	P.O. BOX 471							Vice Pres	sident Procurem	nent
	(Street)	4	I. If Ame	ndment, Da	ate Origina	ıl		6. Individual or Jo	int/Group Filin	g(Check
		F	Filed(Mon	nth/Day/Yea	r)			Applicable Line) _X_ Form filed by C		
SUNBURY	Y, PA 17837							Person	fore than One Rep	porting
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secu	rities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of	2. Transaction Date	2A. Deeme	d	3.	4. Securi	ties A	cquired	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution I	Date, if	Transactio	on(A) or Di	ispose	ed of (D)	Securities	Ownership	Indirect
(Instr. 3)		any		Code	(Instr. 3,	4 and	5)	Beneficially	Form: Direct	Beneficial
		(Month/Day	y/Year)	(Instr. 8)				Owned	(D) or	Ownership
								Following Reported	Indirect (I) (Instr. 4)	(Instr. 4)
						(A)		Transaction(s)	(msu. 1)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common	07/12/2007	07/12/200	07	M	200	A	\$	650	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

32.875

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Derivativ	Expiration Da e (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 32.875	07/12/2007	07/12/2007	M	200	08/01/1997	07/31/1997	Common Stock	200	\$ 3
Stock Option	\$ 34.3125					08/01/1998	07/31/2008	Common Stock	200	
Stock Option	\$ 37.9375					08/01/1999	07/31/2009	Common Stock	300	
Stock Option	\$ 31.125					08/01/2000	07/31/2010	Common Stock	300	

Reporting Owners

Reporting Owner Name / Address		224	ро	
	Director	10% Owner	Officer	Other

KESSLER DANIEL A 1000 SOUTH SECOND STREET P.O. BOX 471 SUNBURY, PA 17837

Vice President Procurement

Relationships

Signatures

/S/ Daniel A.

Kessler

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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