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	Y GROUP IN	С										
Form 4 May 05, 200	9											
FORM	1 /										PPROVAL	
	UIIIE	D STATE:				ND EX(D.C. 20:		NGE	COMMISSION	OMB Number:	3235-0287	
Check thi if no long								Expires:	January 31, 2005			
subject to Section 1	subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SEction 16. SECURITIES							NERSHIP OF	Estimated average burden hours per			
Form 4 or Form 5		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,							response	0.5		
obligation may cont <i>See</i> Instru 1(b).	ns Section 1	7(a) of the		ility Ho	ldi	ing Com	ipany	Act o	f 1935 or Section	n		
(Print or Type F	Responses)											
1. Name and Address of Reporting Person <u></u> <u></u>			Symbol	2. Issuer Name and Ticker or Trading Symbol CH ENERGY GROUP INC [CHG]					5. Relationship of Reporting Person(s) to Issuer			
								HGJ	(Check all applicable)			
(Last) C/O CH EN SOUTH AV	^(First) ERGY GROU E	(Middle) P, 284	3. Date of (Month/Da 05/01/20	ay/Year)	Ira	nsaction			_X_ Director _X_ Officer (give below) Chairman			
				f Amendment, Date Original cd(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
POUGHKE	EPSIE, NY 12	601							Form filed by N Person			
(City)	(State)	(Zip)	Table	e I - Non-	De	erivative S	Securi	ties Ac	quired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	any		emed 3. 4. Securities on Date, if TransactionAcquired (A) or Code Disposed of (D) /Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (A)))	Securities Beneficially Owned Following Reported	D) or	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	Amount	or	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	05/01/2009			A	·	3,009	(D) A	\$ 0	16,559	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. oriNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	Number Expiration Date of (Month/Day/Year) Derivative Securities Acquired A) or Disposed of (D)		Amoun Underly Securiti	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LANT STEVEN V C/O CH ENERGY GROUP 284 SOUTH AVE POUGHKEEPSIE, NY 12601	Х		Chairman, President and CEO					
Signatures								
Steven V. Lant Per Power of Attorney		05/05/200	9					
**Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.