Edgar Filing: J2 GLOBAL COMMUNICATIONS INC - Form 4

J2 GLOBAI Form 4 August 05, 2	L COMMUNICA 2005	TIONS INC							
FORN Check th	14 UNITED	STATES SECU W	JRITIES A ashington,			NGE C	OMMISSION	OMB AF OMB Number:	PPROVAL 3235-0287
Form 4 of Form 5 obligation may con <i>See</i> Instra 1(b).	ger o 16. or Filed pur ons tinue.	NGES IN SECUR 16(a) of th Utility Hold Investment	RITIES the Security ding Com	ies Ez īpany	Expires: January 31 2005 Estimated average burden hours per response 0.5 n				
(Print or Type	Responses)								
1. Name and A JARUS SC	Address of Reporting OTT M	Symbo	OBAL CO			0	5. Relationship of Issuer (Checl	Reporting Pers	
	OBAL ICATIONS, INC. OOD BLVD/LEG	(Month 08/03	of Earliest Tr /Day/Year) /2005	ransaction			Director X Officer (give below) C		Owner er (specify
	(Street)		nendment, Da Ionth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by C		
LOS ANG	ELES, CA 90028						Form filed by M Person	lore than One Re	porting
(City)	(State)	(Zip) Ta	ble I - Non-I	Derivative S	Securi	ties Acqu	iired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year	Code	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$0.01 par value	08/03/2005		M <u>(1)</u>		A	\$ 2	57,554	D	
Common Stock, \$0.01 par value	08/03/2005		S	22,200	D	\$ 40.05	35,354	D	
	08/03/2005		S	6,700	D	\$ 40.1	28,654	D	

Common Stock, \$0.01 par value						
Common Stock, \$0.01 par value	08/03/2005	S	5,100	D	\$ 23,554 40.12	D
Common Stock, \$0.01 par value	08/03/2005	S	800	D	\$ 22,754	D
Common Stock, \$0.01 par value	08/03/2005	S	3,200	D	\$ 40.15 ^{19,554}	D
Common Stock, \$0.01 par value	08/03/2005	S	400	D	\$ 40.18 19,154	D
Common Stock, \$0.01 par value	08/03/2005	S	2,000	D	\$ 17,154 40.25	D
Common Stock, \$0.01 par value	08/03/2005	S	5,000	D	\$ 12,154 40.45	D
Common Stock, \$0.01 par value	08/03/2005	S	2,500	D	\$ 40.49 9,654	D
Common Stock, \$0.01 par value	08/03/2005	S	2,000	D	\$ 40.5 7,654	D
Common Stock, \$0.01 par value	08/03/2005	S	3,200	D	\$ 40.55 4,454	D
Common Stock, \$0.01 par value	08/03/2005	S	300	D	\$ 40.57 ^{4,154}	D
	08/03/2005	S	2,300	D	\$ 40.6 1,854	D

Common Stock, \$0.01 par value							
Common Stock, \$0.01 par value	08/04/2005	M <u>(1)</u>	44,300	A	\$2	46,154	D
Common Stock, \$0.01 par value	08/04/2005	S	25,600	D	\$ 40.1	20,554	D
Common Stock, \$0.01 par value	08/04/2005	S	200	D	\$ 40.11	20,354	D
Common Stock, \$0.01 par value	08/04/2005	S	4,200	D	\$ 40.15	16,154	D
Common Stock, \$0.01 par value	08/04/2005	S	1,100	D	\$ 40.16	15,054	D
Common Stock, \$0.01 par value	08/04/2005	S	400	D	\$ 40.2	14,654	D
Common Stock, \$0.01 par value	08/04/2005	S	600	D	\$ 40.21	14,054	D
Common Stock, \$0.01 par value	08/04/2005	S	2,600	D	\$ 40.23	11,454	D
Common Stock, \$0.01 par value	08/04/2005	S	100	D	\$ 40.24	11,354	D
Common Stock, \$0.01 par value	08/04/2005	S	400	D	\$ 40.25	10,954	D
	08/04/2005	S	6,600	D		4,354	D

Common Stock, \$0.01 par value					\$ 40.28	
Common Stock, \$0.01 par value	08/04/2005	S	2,500	D	\$ 40.29 ^{1,854}	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		rivative Expiration Date curities (Month/Day/Year) quired (A) Disposed of) str. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options To Purchase Common Stock	\$ 2	08/03/2005		М		6,007	07/08/2004	07/08/2011	Common Stock, \$0.01 par value	6,007
Options To Purchase Common Stock	\$ 2	08/03/2005		М		49,693	07/08/2005	07/08/2011	Common Stock, \$0.01 par value	49,693
Options To Purchase Common Stock	\$ 2	08/04/2005		М		44,300	07/08/2005	07/08/2011	Common Stock, \$0.01 par value	44,300

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer

Other

JARUS SCOTT M C/O J2 GLOBAL COMMUNICATIONS, INC. 6922 HOLLYWOOD BLVD/LEGAL DEPT - 5TH FL. LOS ANGELES, CA 90028

Signatures

/s/Scott M Jarus <u>**</u>Signature of

Reporting Person

08/05/2005

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired upon exercise of stock options under the Issuer's 1997 Stock Option Plan identified as exercised in Part II of this Form 4.
- (2) Employee Stock Option granted for services rendered, no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Co-President