MCCANN CHRISTOPHER G

Form 4 May 16, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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See Instruction

if no longer

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCANN CHRISTOPHER G	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
	1 800 FLOWERS COM INC [FLWS]	(Check all applicable)		
(Last) (First) (Middle) ONE OLD COUNTRY ROAD, SUITE 500	3. Date of Earliest Transaction (Month/Day/Year) 05/15/2018	_X DirectorX 10% OwnerX Officer (give title Other (specify below) CEO and President		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
CADLEDIACE NV 11514		Form filed by More than One Reporting		

Person

CARLE PLACE, NY 11514

(City)	(State)	Zip) Table	e I - Non-D	erivative S	ecuri	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired action(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common Stock	05/15/2018		M	15,000	A	\$ 1.79	965,626	D	
Class A Common Stock	05/15/2018		S	15,000	D	\$ 12.1 (1)	950,626	D	
Class A Common Stock							99,027	I	I (2)
Class A							250,000	I	I (2)

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Common Stock			
Class A Common Stock	340,000	I	I (2)
Class A Common	110	I	I (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivative Code Securities		Expiration Date (Month/Day/Year)		Amount of Securities 14)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 1.79	05/15/2018		M	15,000	<u>(4)</u>	10/26/2020	Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Keiationsinps						
	Director	10% Owner	Officer	Other			
MCCANN CHRISTOPHER G ONE OLD COUNTRY ROAD SUITE 500 CARLE PLACE, NY 11514	X	X	CEO and President				

Signatures

Stock

/s/Christopher G. 05/16/2018 McCann

Date

Reporting Owners 2

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**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The price in Column 4 is a weighted average price. The shares were disposed of in multiple transactions ranging from \$11.95 to \$12.15,
- (1) inclusive. The reporting person undertakes to provide to 1-800-Flowers.com, Inc., or the Staff of The Securities and Exchange Commission, upon request full information regarding the number of shares sold at each separate price within the range set forth above.
- (2) Shares held by a Grantor Retained Annuity Trust of which Reporting Person is the Trustee.
- (3) Shares held by Reporting Person as custodian for his son.
- (4) The options were granted on 10/26/2010 and vested ratably over 8 years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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