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GNC HOLD	DINGS, INC.										
Form 4 November 0	7 2012										
FORN	ПЛ								OMB A	PPROVAL	
	UNITED	STATES		AITIES A Shington,			NGE C	COMMISSION	OMB Number:	3235-0287	
Check th if no long subject to Section 1 Form 4 c Form 5 obligatio	ger o 16. or Filed pure	TATEMENT OF CHANGES IN BENEFICIAL OWNED SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Action 17(a) of the Public Utility Holding Company Act of 192							Expires: January 3 200 Estimated average burden hours per response 0		
may cont See Instr 1(b).	tinue. Section 17(a			vestment	•				1		
(Print or Type l	Responses)										
1. Name and Address of Reporting Person <u>*</u> Drexler Andrew			2. Issuer Name and Ticker or Trading Symbol GNC HOLDINGS, INC. [GNC]					5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle)			3. Date of Earliest Transaction					(Check all applicable)			
			(Month/Day/Year) 11/05/2013					Director 10% Owner Officer (give title Other (specify below) below) below) SVP & Corporate Controller			
PITTSBUR	(Street) .GH, PA 15222			ndment, Da hth/Day/Year	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	One Reporting Pe	erson	
(City)	(State)	(Zip)	Tahl	e I - Non-D	erivative	Secur	ities Aca	uired, Disposed of	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemo (Month/Day/Year) Execution any (Month/Da		ned3.4. Securities Acquiredn Date, ifTransaction(A) or Disposed of (D)Code(Instr. 3, 4 and 5)			cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct	7. Nature of		
~				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Class A Common Stock, par value \$0.001 (" Common Stock")	11/05/2013			F	291 <u>(1)</u>	D	\$ 59.76 (2)	7,643	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
_			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
L B	Director	10% Owner	Officer	Other			
Drexler Andrew C/O GNC HOLDINGS, INC. 300 SIXTH AVENUE PITTSBURGH, PA 15222			SVP & Corporate Controller				
Signatures							
/s/ Gavin O'Connor, Attorney-in-Fact		11/07/2013					
**Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Shares withheld to cover minimum income tax withholding obligation in connection with the vesting of 922 restricted stock units
(1) ("RSUs"). The RSUs comprise a portion of the November 5, 2012 grant of restricted stock units to Mr. Drexler, which vests in equal installments on each November 5, 2013, 2014 and 2015.

(2) Equal to the closing price for one share of the Common Stock on the New York Stock Exchange on November 5, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.