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ASPEN EXPLORATION CORP
Form 8-K
August 09, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, DC 20549

FORM 8-K
CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange
Act of 1934 Date of Report (Date of earliest event reported): August 6, 2006

ASPEN EXPLORATION CORPORATION

(Exact name of registrant as specified in charter)

----- Delaware -----	----- 000-09494 -----	----- 84-0811316 -----
(State or other jurisdiction of Incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)

250 S. Oneida St., Suite 208, Denver, CO	80224
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(Address of Principal Executive Offices)	(Zip Code)

Registrant's telephone number, including area code: 303-639-9860

N/A

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to
simultaneously satisfy the filing obligation of the registrant under any of the
following provisions (see General Instruction A.2):

- Written communications pursuant to Rule 425 under the Securities Act
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act
- Pre-commencement communications pursuant to Rule 14d-2(b) under the
Exchange Act
- Pre-commencement communications pursuant to Rule 13e-4(c) under the
Exchange Act

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Item 5.02 Departure of Directors or Principal Officers; Election of Directors;

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Appointment of Principal Officers

Robert F. Sheldon, one of the directors of Aspen Exploration Corporation, passed away on August 6, 2006. Aspen has not named any person to fill the board vacancy created by Mr. Sheldon's death.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 9, 2006.

ASPEN EXPLORATION CORPORATION

By: /s/ Robert A. Cohan

Robert A. Cohan
President