## Edgar Filing: ENERGY EAST CORP - Form 4

ENERGY EA	AST CORP									
Form 4										
October 03, 2	2006									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							r	OMB APPROVAL		
	- UNITE	DSIALES		hington, ]				OMB Number:	3235-0287	
Check this	s box		vv as	inington, i	D.C. 203	47			January 31,	
if no longer which the STATEMENT OF CHANGES IN BENEFICIAL OWNERSH						NERSHIP OF	Expires. 2005			
Subject to Section 16								Estimated average burden hours per		
Form 4 or								response	•	
Form 5 obligation	-	•					ge Act of 1934,			
may conti							of 1935 or Sectio	n		
See Instru	ction	30(h)	of the Inv	vestment (	Company	Act of 19	40			
1(b).										
(Print or Type R	esponses)									
				ssuer Name and Ticker or Trading			5. Relationship of Reporting Person(s) to Issuer			
JAGGER DAVID M			Symbol				155001			
			ENERGY EAST CORP [EAS]				(Check all applicable)			
			3. Date of Earliest Transaction				V D'	100		
14 LUCERNE STREET 10, (Street) 4. I				(Month/Day/Year) 10/01/2006			X_ Director 10% Owner Officer (give title Other (specify			
			10/01/2000				below) below)			
			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check			
							Applicable Line) _X_ Form filed by One Reporting Person			
SPRINGVA	LE, ME 0408	3						Aore than One Re		
SEKINOVA	LE, WIE $0400$	5					Person			
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	ecurities Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of	2. Transaction			3.	4. Securities		5. Amount of		-	
Security	any		on Date, if	Transactio Code	Disposed of (D) (Instr. 3, 4 and 5)		Beneficially	Form: Direct (D) or Indirect (I)	Indirect Beneficial Ownership	
(Instr. 3)			Day/Year)	(Instr. 8)						
		,	, j	. ,			Following	(Instr. 4)	(Instr. 4)	
						(A)	Reported Transaction(s)			
				Code V	A	or (D) Drive	(Instr. 3 and 4)			
Common				Code V	Amount	(D) Price				
Stock							3,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactic Code (Instr. 8)	5. Number Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price o Derivativ Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Shares	<u>(1)</u>	10/01/2006	10/02/2006	А	625	<u>(1)</u>	<u>(1)</u>	Common Stock	625	<u>(1)</u>

## **Reporting Owners**

Reporting Owner Name / Addr	Relationships							
reporting of the round ( round	Director	10% Owner	Officer	Other				
JAGGER DAVID M 14 LUCERNE STREET SPRINGVALE, ME 04083	Х							
Signatures								
David M. Jagger	10/03/2006							
<u>**</u> Signature of	Date							

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Phantom stock granted and dividend phantom stock credited to a participant's account under the Company's Director Share Plan may be settled in cash only after the participant ceases to serve as a director of the Company.
- (2) Includes dividend phantom stock acquired pursuant to the dividend reinvestment feature included in the Company's Director Share Plan which is exempt from reporting under Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person