J2 GLOBAL COMMUNICATIONS INC

Form 4

September 06, 2007

FORM 4		OMB AP	PROVAL
	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549	OMB Number:	3235-0287
Check this box if no longer	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF	Expires:	January 31, 2005
subject to Section 16.	SECTION E	Estimated av burden hours	s per
obligations	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940	response	0.5
(Print or Type Respon	nses)		

1. Name and Address of Reporting Person * ZUCKER NEHEMIA	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
	J2 GLOBAL COMMUNICATIONS INC [JCOM]	(Check all applicable)		
(Last) (First) (Middle) 6922 HOLLYWOOD BLVD, 5TH FLOOR	3. Date of Earliest Transaction (Month/Day/Year) 09/04/2007	Director 10% Owner Negligible of the control of		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
LOS ANGELES, X1 90028		Form filed by More than One Reporting Person		

	Person								
(City)	(State)	(Zip) Tab	le I - Non-I	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit mor Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$0.01 par	09/04/2007		M <u>(1)</u>	35,300	A	\$ 18.765	90,182 (2)	D	

		Code V	' Amount	(D)	Price	(Instr. 3 and 4)	
Common Stock, \$0.01 par value	09/04/2007	M(1)	35,300	A	\$ 18.765	90,182 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,200	D	\$ 34.72	88,982 (2)	D
Common Stock, \$0.01 par	09/04/2007	S	703	D	\$ 34.73	88,279 (2)	D

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value						
Common Stock, \$0.01 par value	09/04/2007	S	1,500	D	\$ 34.74 86,779 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	2,007	D	\$ 34.75 84,772 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	700	D	\$ 34.76 84,072 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	268	D	\$ 34.77 83,804 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,800	D	\$ 34.78 82,004 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,200	D	\$ 34.79 80,804 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	500	D	\$ 34.8 80,304 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,751	D	\$ 34.81 78,553 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	975	D	\$ 34.82 77,578 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,795	D	\$ 34.83 75,783 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	1,199	D	\$ 34.84 74,584 (2)	D

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Common Stock, \$0.01 par value	09/04/2007	S	1,302	D	\$ 34.85	73,282 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	200	D	\$ 34.86	73,082 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	916	D	\$ 34.94	72,166 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	900	D	\$ 34.95	71,266 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,300	D	\$ 34.96	69,966 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	800	D	\$ 34.97	69,166 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	1,400	D	\$ 34.98	67,766 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	800	D	\$ 34.99	66,966 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	8,000	D	\$ 35	58,966 <u>(2)</u>	D
Common Stock, \$0.01 par value	09/04/2007	S	284	D	\$ 35.01	58,682 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	500	D	\$ 35.02	58,182 (2)	D
	09/04/2007	S	300	D	\$ 35.03	57,882 (2)	D

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Common Stock, \$0.01 par value						
Common Stock, \$0.01 par value	09/04/2007	S	1,180	D	\$ 35.05 56,702 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	1,120	D	\$ 35.06 55,582 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	400	D	\$ 35.07 55,182 (2)	D
Common Stock, \$0.01 par value	09/04/2007	S	300	D	\$ 35.12 54,882 (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of Derivative 	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if			6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying Securities	
Security	or Exercise		any	Code	Securities	(Month/Day/Y	ear)	(Instr. 3 and	4)
(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to purchase Common Stock	\$ 18.765	09/04/2007		M	35,300	08/31/2007	08/31/2015	Common Stock, \$0.01 par value	26,300

Co-President

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ZUCKER NEHEMIA

6922 HOLLYWOOD BLVD

5TH FLOOR

LOS ANGELES, X1 90028

Signatures

/s/ Nehemia 09/06/2007 Zucker

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These shares were acquired upon exercise of stock options under the Issuer?s Second Amended and Restated 1997 Stock Option Plan identified as exercised in Part II of this Form 4.
- (2) Includes 50,000 shares of restricted stock which remain subject to vesting.
- (3) Employee stock option granted for services rendered, no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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