#### **SCHULHOF MICHAEL**

Form 4

August 10, 2009

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Stock,

\$0.01 par value

08/06/2009

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * SCHULHOF MICHAEL			2. Issuer Name <b>and</b> Ticker or Trading Symbol J2 GLOBAL COMMUNICATIONS INC [JCOM]					5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last) 6922 HOLI	(First)	(Middle)	3. Date o (Month/I 08/06/2	ransaction			X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Street) 4. If Amendn Filed(Month/I				_	al		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
LOS ANGE	ELES, CA 900	28						Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secui	rities Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Execution	n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Oay/Year) (Instr. 8)			d of (D)	5. Amount of Securities Ownership Indire Beneficially Form: Direct Benef Owned (D) or Owne Following Indirect (I) (Instr. Reported (Instr. 4)				
Common				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Stock, \$0.01 par value (1)	08/06/2009			S	1,358	D	\$ 24.19	50,367	D		
Common Stock, \$0.01 par value	08/06/2009			S	50	D	\$ 24.27	50,317	D		
Common											

S

100

D

\$ 24.28 50,217

D

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Commo Stock, \$0.01 pa value	08/06/2009	S	1,200	D	\$ 24.33	49,017	D
Commo Stock, \$0.01 pa value	08/06/2009	S	700	D	\$ 24.35	48,317	D
Commo Stock, \$0.01 pa value	08/06/2009	S	100	D	\$ 24.36	48,217	D
Commo Stock, \$0.01 pa value	08/06/2000	S	571	D	\$ 24.37	47,646	D
Commo Stock, \$0.01 pa value	08/06/2009	S	1,750	D	\$ 24.38	45,896	D
Commo Stock, \$0.01 pa value	08/06/2009	S	400	D	\$ 24.39	45,496	D
Commo Stock, \$0.01 pa value	08/06/2009	S	729	D	\$ 24.4	44,767	D
Commo Stock, \$0.01 pa value	08/06/2000	S	809	D	\$ 24.47	43,958	D
Commo Stock, \$0.01 pa value	08/06/2000	S	2,100	D	\$ 24.48	41,858	D
Commo Stock, \$0.01 pa value	08/06/2000	S	100	D	\$ 24.485	41,758	D
Commo Stock, \$0.01 pa value	08/06/2009	S	300	D	\$ 24.49	41,458	D
	08/06/2009	S	2,000	A	\$ 24.5	39,458	D

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Common Stock, \$0.01 par value						
Common Stock, \$0.01 par value	08/06/2009	S	600	D	\$ 24.51 38,858	D
Common Stock, \$0.01 par value	08/06/2009	S	2,656	D	\$ 24.52 36,202	D
Common Stock, \$0.01 par value	08/06/2009	S	791	D	\$ 24.53 35,411	D
Common Stock, \$0.01 par value	08/06/2009	S	500	D	\$ 24.54 34,911	D
Common Stock, \$0.01 par value	08/06/2009	S	1,300	D	\$ 24.55 33,611	D
Common Stock, \$0.01 par value	08/06/2009	S	200	D	\$ 24.56 33,411	D
Common Stock, \$0.01 par value	08/06/2009	S	1,500	D	\$ 24.58 31,911	D
Common Stock, \$0.01 par value	08/06/2009	S	400	D	\$ 24.6 31,511	D
Common Stock, \$0.01 par value	08/06/2009	S	100	D	\$ 24.65 31,411	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transacti	5. orNumber	6. Date Exerc Expiration D		7. Title		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/		Underly Securiti (Instr. 3	ying ies	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title N	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships
reporting owner runner runners	

10% Owner Officer Other Director

SCHULHOF MICHAEL 6922 HOLLYWOOD BLVD. X LOS ANGELES, CA 90028

### **Signatures**

/s/ Michael 08/10/2009 Schulhof

\*\*Signature of Date Reporting Person

# **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This Form 4 is being filed to supplement the transactions disclosed on the prior Form 4 for Mr. Schulhof's filed on August 6, 2009. More than 30 transactions were to be reported on the first filing but due to the limits set by the SEC on the number of transactions reportable on a single Form 4 this additional Form 4 is being filed to report the additional transactions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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