SCHULHOF MICHAEL

Form 4

September 01, 2009

FORM 4

if no longer

Check this box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address SCHULHOF MIC		Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			J2 GLOBAL COMMUNICATIONS INC [JCOM]	(Check all applicable)		
(Last) (I 6922 HOLLYWO FLOOR	, ,	Middle) D., 5TH	3. Date of Earliest Transaction (Month/Day/Year) 08/31/2009	XDirector 10% Owner Officer (give title below) Other (specify below)		
LOS ANGELES,	Street) CA 90028		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting		
(City) (S	State)	(Zip)	Table I - Non-Derivative Securities Aco	Person nuired, Disposed of, or Beneficially Owner		

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secui	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock, \$0.01 par value	08/31/2009		Code V S	Amount 200		Price \$ 21.32	(Instr. 3 and 4) 31,211 (1)	D	
Common Stock, \$0.01 par value	08/31/2009		S	100	D	\$ 21.35	31,111 (1)	D	
Common Stock, \$0.01 par	08/31/2009		S	300	D	\$ 21.36	30,811 (1)	D	

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value							
Common Stock, \$0.01 par value	08/31/2009	S	300	D	\$ 21.37	30,511 <u>(1)</u>	D
Common Stock, \$0.01 par value	08/31/2009	S	200	D	\$ 21.39	30,311 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	200	D	\$ 21.42	30,111 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	300	D	\$ 21.43	29,811 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	300	D	\$ 21.44	29,511 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.445	29,411 <u>(1)</u>	D
Common Stock, \$0.01 par value	08/31/2009	S	300	D	\$ 21.45	29,111 <u>(1)</u>	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.46	29,011 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.47	28,911 <u>(1)</u>	D
Common Stock, \$0.01 par value	08/31/2009	S	300	D	\$ 21.49	28,611 <u>(1)</u>	D
Common Stock, \$0.01 par value	08/31/2009	S	200	D	\$ 21.5	28,411 (1)	D

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Common Stock, \$0.01 par value	08/31/2009	S	200	D	\$ 21.53 28,211 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.54 28,111 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	600	D	\$ 21.55 27,511 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.56 27,411 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.6 27,311 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	200	D	\$ 21.62 27,111 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.66 27,011 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.71 26,911 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	100	D	\$ 21.78 26,811 (1)	D
Common Stock, \$0.01 par value	08/31/2009	S	400	D	\$ 21.8 26,411 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transacti	5. orNumber	6. Date Exerc Expiration D		7. Title Amount		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/		Underly Securiti (Instr. 3	ying ies	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title N	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address			•	
	Director	10% Owner	Officer	Other
SCHULHOF MICHAEL				

6922 HOLLYWOOD BLVD. 5TH FLOOR LOS ANGELES, CA 90028



Signatures

/s/ Michael 09/01/2009 Schulhof

**Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Relationships

(1) Includes 21,783 shares of restricted stock which remain subject to vesting.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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