BURCH KEN L

Form 4

Common

November 03, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL				
Washington, D.C. 20549								OMB Number:	3235-0287		
if no lon	Check this box if no longer which the STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP (NEDSHID OF	Expires:	January 31, 2005		
Section 16. SECURITIES Form 4 or					ICIA	L OW	NEKSIII OF	Estimated average burden hours per response 0.5			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
BURCH KEN L Symb SHE TEL			2. Issue Symbol	er Name and	d Ticker or	Tradi	ng	5. Relationship of Reporting Person(s) to Issuer			
			TELEC	ANDOAF COMMUN	NICATIO	NS		(Check all applicable)			
(Last) PO BOX 4:	(First)	(Middle)	3 Date of Farliest Transaction				X Director Officer (give to below)	Officer (give title Other (specify			
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
EDINBURG, VA 22824 EDINBURG, VA 22824 EDINBURG, VA 22824											
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secur	ities Acq	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Date, if Transaction(A) or Disposed Code (Instr. 3, 4 and a			sposed and 5 (A) or	of (D)	5. Amount of 6. 7. Nature Securities Ownership Beneficially Form: Beneficial Owned Following Direct (D) Reported or Indirect Transaction(s) (I) (Instr. 3 and 4) (Instr. 4)			
Common	10/01/2009			A(1)	8.3565	A	\$ 17.95	226,708.2275	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	Date		Number		
				C + V	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

BURCH KEN L
PO BOX 459 X
EDINBURG, VA 22824

Signatures

Ken L burch 10/01/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares received in lieu of director fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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