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KASEL JOH Form 4 March 16, 20										
FORM	ГЛ								OMB A	PPROVAL
	UNITED	STATES		ITIES AI hington, 1			NGE (COMMISSION	OMB Number:	3235-0287
Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. Filed pur Section 17(rsuant to S (a) of the I	F CHAN Section 16 Public Ut	GES IN F SECURI	BENEFI ITIES Securiti ing Com	CIA es Ez pany	xchang Act o	NERSHIP OF ge Act of 1934, f 1935 or Section 40	Expires: Estimated a burden hou response	irs per
(Print or Type F	Responses)									
1. Name and A KASEL JOF	ddress of Reporting HN F	Person [*]	Symbol	Name and '		Fradin	g	5. Relationship of Issuer		
(Last)	(First) (I	Middle)		Earliest Tra				(Chec	k all applicable	e)
L.B. FOSTE HOLIDAY	ER COMPANY, DRIVE	415	(Month/Da 03/14/20	•				Director X Officer (give below) Sr. V.P.		6 Owner er (specify tions
DITTODUD	(Street)			ndment, Dat th/Day/Year)	-			6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M	One Reporting Po	erson
	GH, PA 15220	(7:)						Person		
(City)	(State)	(Zip)					ties Ac	quired, Disposed of		-
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)) Execution any	on Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3,	(A) of (D 4 and (A) or))	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock					7 infount		Thee	1,134	I	Est. 401(k) Shares
Common Stock								1,312	D	
Common	03/14/2011			С	1,738	А	<u>(1)</u>	3,050	D	
Common	03/14/2011			F	515	D	<u>(1)</u>	2,535	D	
Common Stock								683 <u>(2)</u>	D	
Common Stock								1,293 <u>(3)</u>	D	

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Common Stock					1,021 (4)	D
Common	03/14/2011	А	994 <u>(5)</u> A	<u>(1)</u>	994 <u>(5)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Date Exercisable Expiration Date Title

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

5)	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title ar Underlyir (Instr. 3 a
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			Code V	V (A)	(D)			
Option to Buy	\$ 14.77					05/25/2006(6)	12/04/2015 <u>(6)</u>	Commor
Performance Share Units	<u>(1)</u>					(1)	(1)	Commor
Performance Share Units	<u>(1)</u>					(1)	(1)	Common
Performance Share Units	<u>(10)</u>	03/14/2011	А	2,981 (10)		(1)	(1)	Commor
Performance Share Units	<u>(1)</u>	03/14/2011	D		2,053 (7)	(1)	(1)	Common

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				
KASEL JOHN F								
L.B. FOSTER COMPANY			Sr. V.P. Mfg.					
415 HOLIDAY DRIVE			& Operations					
PITTSBURGH, PA 15220			_					

Signatures

/s/ Deborah J. Foster, attorney-in-fact

03/16/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Not applicable.
- (2) Not vested and non-voting until March 6, 2012.
- (3) Not vested and non-voting until March 4, 2013.
- (4) Not vested and non-voting until March 2, 2014.
- (5) Not vested until March 14, 2015.
- (6) 25% became vested on 5/25/06 and an additional 25% became vested on each of the next 3 anniversaries.
- Performance share units converted into common stock based on Company's performance against financial metric for calendar year 2008-2010, inclusive.
- (8) (0 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2009 2011, inclusive. Stock awarded shall range from 0 2 for each performance share unit.
- (9) (0 6124 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2010 2012, inclusive. Stock awarded shall range from 0 2 for each performance share unit.
- (10) (0 5962 shares). Performance share units will convert into common stock based on Company's performance against financial metric 2011-2013, inclusive. Stock awarded shall range from 0-2 for each performance share unit.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.