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WILLIFORD	CHRIS E										
Form 4 March 24, 20	11										
FORM									OMB AF	PPROVAL	
	UNITED 5	TATES		ITIES AN hington, 1			IGE C	OMMISSION	OMB Number:	3235-0287	
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may conti	F CHAN	SECURI (a) of the ility Hold	Expires: January 31 2005 Estimated average burden hours per response 0.5								
See Instruction 1(b).	ction	30(h)	of the Inv	estment (Company	Act	of 194	0			
(Print or Type R	esponses)										
WILLIFORD CHRIS E Symb ABR			Symbol	Name and TAS PETR		-		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 18803 MEIS				Earliest Transaction ay/Year)				Director 10% Owner X_Officer (give title Other (specify below) below) EVP/CFO			
	(Street)			idment, Date h/Day/Year)	e Original			6. Individual or Jo Applicable Line) _X_Form filed by C	One Reporting Pe	rson	
SAN ANTO	NIO, TX 78258							Form filed by M Person	lore than One Re	porting	
(City)	(State) (2	Zip)	Table	I - Non-De	erivative S	ecurit	ies Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	emed on Date, if /Day/Year)	Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed and f (A) or	l of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Abraxas Petroleum Common Stock	03/22/2011			M	Amount 20,000	(D) A	Price \$ 0.66	203,509	D		
Abraxas Petroleum Common Stock	03/22/2011			F	2,710	D	\$ 4.87	200,799	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	orDeri Secu Acqu or D (D)	urities uired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun Number Shares
Employee Stock Option	\$ 0.66	03/22/2011		М		20,000	03/21/2011	03/23/2011	Abraxas Petroleum Common Stockk	20,00
Employee Stock Option	\$ 4.72						03/15/2012	03/15/2021	Abraxas Petroleum Common Stock	30,00
Employee Stock Option	\$ 2.09						03/16/2011	03/16/2020	Abraxas Common Stock	60,00
Employee Stock Option	\$ 1.75						10/05/2010	10/05/2015	Abraxas Petroleum Common Stockk	66,93
Employee Stock Option	\$ 0.99						03/17/2010	03/17/2019	Abraxas Petroleum Common Stockk	50,00
Employee Stock Option	\$ 3.6						08/28/2011	08/28/2017	Abraxas Petroleum Common Stockk	15,23
Employee Stock Option	\$ 4.59						09/13/2009	09/13/2015	Abraxas Petroleum Common Stockk	100,0
Employee Stock Option	\$ 0.65						11/22/2006	11/22/2012	Abraxas Petroleum Common Stockk	43,00

Reporting Owners

Reporting Owner Name / Add	ress	Relationships								
	Director	10% Owner	Officer	Other						
WILLIFORD CHRIS E 18803 MEISNER DRIVE SAN ANTONIO, TX 7825	8		EVP/CFO							
Signatures										
Chris E. Williford	03/24/2011									
**Signature of Reporting Person	Date									

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.