FEDERATED NATIONAL HOLDING CO

Form 4

March 06, 2014

FORM 4

Check this box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction

1(b).

obligations

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading PRYGELSKI PETER J Issuer Symbol FEDERATED NATIONAL (Check all applicable) HOLDING CO [FNHC] (Last) (First) (Middle) 3. Date of Earliest Transaction _X_ Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) 14050 N.W. 14 STREET, SUITE 03/04/2014 Chief Financial Officer & Trea 180 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

SUNRISE,	FL 33323	Form filed by More than One Reporting Person						
(City)	(State)	(Zip) Tak	ole I - Non	-Derivative Securit			, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	4. Securities Acquoror Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D)))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$0.01 per share	03/04/2014		A	16,341 A L	(1)	82,797 (<u>2)</u>	D	
Common Stock, par value \$0.01 per share	03/05/2014		S	400 (3) D S	\$ 15.94	82,397 (2)	D	
	03/05/2014		S	400 (3) D \$	\$ 15.95	81,997 (2)	D	

OMB APPROVAL

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January 31,

2005

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Number:

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response...

Estimated average

burden hours per

Common Stock, par value \$0.01 per share								
Common Stock, par value \$0.01 per share	03/05/2014	S	682 <u>(3)</u>	D	\$ 15.951	81,315 (2)	D	
Common Stock, par value \$0.01 per share	03/05/2014	S	30 (3)	D	\$ 16.015	81,285 (2)	D	
Common Stock, par value \$0.01 per share	03/05/2014	S	127 (3)	D	\$ 16.02	81,158 (2)	D	
Common Stock, par value \$0.01 per share						4,000	I	Held in Mr. Prygelski's IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exercisab	le and	7. Title and A	
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		·)	Underlying S (Instr. 3 and	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

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Stock Options (right to buy)	\$ 8.32	07/01/2009(4)	07/01/2014	Common Stock, par value \$0.01 per share	10,000
Stock Options (right to buy)	\$ 4.59	12/12/2009 <u>(5)</u>	12/12/2014	Common Stock, par value \$0.01 per share	500
Stock Options (right to buy)	\$ 4.36	03/03/2011(4)	03/03/2020	Common Stock, par value \$0.01 per share	15,000
Stock Options (right to buy)	\$ 2.45	08/22/2012 ⁽⁵⁾	08/22/2021	Common Stock, par value \$0.01	10,000
Stock Options (right to buy)	\$ 4.4	04/06/2013(5)	04/06/2022	Common Stock, par value \$0.01 per share	15,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 0	Director	10% Owner	Officer	Other		
PRYGELSKI PETER J 14050 N.W. 14 STREET SUITE 180 SUNRISE, FL 33323	X		Chief Financial Officer & Trea			

Signatures

/s/ Peter J.
Prygelski, III

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock award pursuant to the Issuer's 2012 Stock Incentive Plan.
- (2) 5,000 restricted shares vested on 3/4/2014; therefore, resulting from the vesting of 5,000 restricted shares following the restricted stock grant on 3/4/2014, a total of 76,341 of the Reporting Person's shares are subject to vesting under the Issuer's 2012 Stock Incentive Plan.

Reporting Owners 3

- (3) Shares sold to cover tax liability on restricted shares which vested on 3/4/2014.
- (4) The options vest 20% per year.
- (5) The options vest 33 1/3% per year.

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