

GOLDEN ENTERPRISES INC  
 Form 4  
 September 13, 2016

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL  
 OMB Number: 3235-0287  
 Expires: January 31, 2015  
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 MCCUTCHEON MARK W

2. Issuer Name and Ticker or Trading Symbol  
 GOLDEN ENTERPRISES INC  
 [GLDC]

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
 ONE GOLDEN FLAKE DRIVE  
 (Street)

3. Date of Earliest Transaction  
 (Month/Day/Year)  
 09/09/2016

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
 Chairman, President and CEO

BIRMINGHAM, AL 35205

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/09/2016	09/09/2016	G <sup>(1)</sup>	4,455 D	\$ 0 0 <sup>(2)</sup>	I	See Footnote <sup>(4)</sup>
Common Stock <sup>(3)</sup>	09/09/2016	09/09/2016	G <sup>(1)</sup>	200 D	\$ 0 3,822	I	See Footnote <sup>(4)</sup>
Common Stock					5,231,128	I	By SYB, Inc. <sup>(5)</sup>
Common Stock					600,279	I	By Testamentary Marital Trust <sup>(5)</sup>



## Edgar Filing: GOLDEN ENTERPRISES INC - Form 4

members (seven members of the Issuer=s Board of Directors and one member selected by the Personal Representatives and Trustees of Mr. Bashinsky=s Estate/Trusts), votes the shares of Issuer=s stock owned by the Marital Trust created by the Last Will and Testament of Mr. Bashinsky (ATestamentary Trust@) (600,279 Shares) and the shares owned by SYB, Inc. (5,231,128 Shares). Mr. McCutcheon disclaims beneficial ownership of such Shares. The Voting Committee has previously executed a Schedule 13D on behalf of a Voting Group of the Testamentary Trust and the SYB, Inc. Common Stock Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.