

Gull Global Ltd  
Form 4  
January 04, 2019

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Gull Global Ltd

2. Issuer Name and Ticker or Trading Symbol  
USANA HEALTH SCIENCES INC  
[USNA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction  
(Month/Day/Year)  
01/02/2019

\_\_\_\_ Director  
\_\_\_\_ Officer (give title below)  
 10% Owner  
\_\_\_\_ Other (specify below)

PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR, SHIRLEY & CHARLOTTE STREETS

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

NASSAU, C5 BH1-1000

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	01/02/2019		S <sup>(1)</sup>		7,131 D \$ 116.25 (2) (3)	9,918,483	D
Common Stock	01/02/2019		S <sup>(1)</sup>		2,600 D \$ 117 (3) (4)	9,915,883	D
Common Stock	01/02/2019		S <sup>(1)</sup>		200 D \$ 117.68 (3) (5)	9,915,683	D
Common	01/03/2019		S <sup>(1)</sup>		7,096 D \$	9,908,587	D

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Stock						113.07		
						<u>(3)</u> <u>(6)</u>		
Common Stock	01/03/2019		S <sup>(1)</sup>	2,316	D	\$ 113.86	9,906,271	D
						<u>(3)</u> <u>(7)</u>		
Common Stock	01/03/2019		S <sup>(1)</sup>	700	D	\$ 115.25	9,905,571	D
						<u>(3)</u> <u>(8)</u>		
Common Stock	01/03/2019		S <sup>(1)</sup>	100	D	\$ 115.97	9,905,471	D
Common Stock	01/04/2019		S <sup>(1)</sup>	1,700	D	\$ 113.17	9,903,771	D
						<u>(3)</u> <u>(9)</u>		
Common Stock	01/04/2019		S <sup>(1)</sup>	3,223	D	\$ 114.23	9,900,548	D
						<u>(3)</u> <u>(10)</u>		
Common Stock	01/04/2019		S <sup>(1)</sup>	4,474	D	\$ 115	9,896,074	D
						<u>(3)</u> <u>(11)</u>		
Common Stock	01/04/2019		S <sup>(1)</sup>	160	D	\$ 116.11	9,895,914	D
						<u>(3)</u> <u>(12)</u>		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 3 and 4)
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V	(A)	(D)

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Gull Global Ltd PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR SHIRLEY & CHARLOTTE STREETS NASSAU, C5 BH1-1000			X	

## Signatures

/s/ Valarie A. Hing, Attorney

in Fact

01/04/2019

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
  - (2) Weighted average price. Price range in multiple transactions was \$115.64 to \$116.60, inclusive.
  - (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
  - (4) Weighted average price. Price range in multiple transactions was \$116.64 to \$117.61, inclusive.
  - (5) Weighted average price. Price range in multiple transactions was \$117.65 to \$117.70, inclusive.
  - (6) Weighted average price. Price range in multiple transactions was \$112.53 to \$113.51, inclusive.
  - (7) Weighted average price. Price range in multiple transactions was \$113.57 to \$114.46, inclusive.
  - (8) Weighted average price. Price range in multiple transactions was \$114.67 to \$115.56, inclusive.
  - (9) Weighted average price. Price range in multiple transactions was \$112.67 to \$113.66, inclusive.
  - (10) Weighted average price. Price range in multiple transactions was \$113.71 to \$114.69, inclusive.
  - (11) Weighted average price. Price range in multiple transactions was \$114.71 to \$115.67, inclusive.
  - (12) Weighted average price. Price range in multiple transactions was \$116.10 to \$116.13, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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