

Sheflett George Cody Jr
 Form 3
 March 15, 2019

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * ^ Sheflett George Cody Jr (Last) (First) (Middle) 126 PEBBLE BEACH DR (Street) CHARLESTOWN, ^ WV ^ 25414 (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 03/15/2019	3. Issuer Name and Ticker or Trading Symbol Southern National Bancorp of Virginia Inc [SONA]	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other (give title below) (specify below) Chief Operating Officer	5. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
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Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	6,500 ⁽¹⁾	D	^

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable Expiration Date	Title Amount or Number of			

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				Shares		(I) (Instr. 5)	
Employee Stock Options (Right to Buy)	07/27/2011	07/27/2019	Common Stock	1,000	\$ 7.04	D	Â
Employee Stock Option (Right to Buy)	03/21/2012	03/21/2021	Common Stock	1,000	\$ 7.2	D	Â
Employee Stock Option (Right to Buy)	12/05/2013	12/05/2022	Common Stock	2,500	\$ 7.92	D	Â
Employee Stock Option (Right to Buy)	06/21/2014	06/21/2023	Common Stock	2,500	\$ 9.14	D	Â
Employee Stock Option (Right to Buy)	07/22/2015	07/22/2024	Common Stock	2,500	\$ 10.47	D	Â
Employee Stock Option (Right to Buy)	06/19/2016	06/19/2025	Common Stock	4,000	\$ 11.43	D	Â
Employee Stock Option (Right to Buy)	06/17/2017	06/17/2026	Common Stock	4,500	\$ 11.99	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Sheflett George Cody Jr 126 PEBBLE BEACH DR CHARLESTOWN, WV 25414	Â	Â	Â Chief Operating Officer	Â

Signatures

/s/ George Cody
Sheflett Jr

03/15/2019

**Signature of Reporting
Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Restricted Stock: 2500 shares issued on 4/2/18 which vests in five installments beginning 4/2/2019, 4000 shares issued on 1/24/19 which vests in five installments beginning 1/24/20

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.