#### Edgar Filing: ALPHA PRO TECH LTD - Form 4

ALPHA PRO	O TECH LTD										
Form 4											
October 13, 2	2005										
FORM	14									PPROVAL	
Washington, D.C. 20549							OMB Number:	3235-0287			
Check thi	er								Expires:	January 31,	
if no longer subject to Section 16. Form 4 or				SECUR	ITIES				Estimated burden ho response.	urs per	
Form 5 obligation may cont <i>See</i> Instru 1(b).	inue. Section 17	(a) of the	Public Ut		ling Con	npany	Act o	ge Act of 1934, f 1935 or Sectio 40	on		
(Print or Type F	Responses)										
MANOCK RUSSELL Symbol			r Name and Ticker or Trading A PRO TECH LTD [APT]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (	(Middle)	3. Date of Earliest Transaction				(ene	leek an applicable)			
60 CENTURIAN DRIVE SUITE # (Month/D 10/11/20				-				_X_Director10% Owner Officer (give titleOther (specify below)below)			
			ndment, Date Original nth/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>				
MAKKIAN	AU LOK 9K2							Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Securi	ities Ac	quired, Disposed (	of, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any		3. Transactio Code (Instr. 8) Code V	n(A) or Di (D) (Instr. 3, -	sposed	l of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common stock	10/11/2005			Р	8,000	A	\$ 1.05	43,400	D		
common stock								2,500	I	by spouse, Russ Manock disclaims beneficial ownership	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of<br/>information contained in this form are not<br/>required to respond unless the formSEC 1474<br/>(9-02)

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# displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sect (Ins
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
options	\$ 1.05	10/11/2005	М	8,000	10/11/2005	10/26/2005	options	8,000	\$

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships					
1	Director	10% Owner	Officer	Other		
MANOCK RUSSELL 60 CENTURIAN DRIVE SUITE # 112 MARKHAM, A6 L3R 9R2	Х					
Signatures						

Russ Manock 10/13/2005 <u>\*\*Signature of Date</u> Reporting Person

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.