CABOT OIL & GAS CORP

Form 4

March 30, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box

if no longer subject to Section 16. Form 4 or

Form 5 obligations

may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * WALEN MICHAEL B

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

Estimated average

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2005

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response...

CABOT OIL & GAS CORP [COG]

(First) (Middle) (Last)

(Month/Day/Year)

3. Date of Earliest Transaction

03/28/2006

Director 10% Owner Other (specify X_ Officer (give title

(Check all applicable)

below) Senior Vice President

(Street)

(Ctata)

1200 ENCLAVE PARKWAY

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

HOUSTON, TX 77077-1607

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) our Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	03/28/2006		M	500	A	\$ 18.2	93,349	D	
Common Stock	03/28/2006		S	500	D	\$ 48.5907	92,849	D	
Common Stock	03/28/2006		M	2,500	A	\$ 15.75	95,349	D	
Common Stock	03/28/2006		S	2,500	D	\$ 48.4349	92,849	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 18.2	03/28/2006		M	500	05/02/2002(1)	05/03/2006	Common	500
Stock Option (right to buy)	\$ 15.75	03/28/2006		M	2,500	07/17/2002(2)	07/17/2006	Common	2,500

Reporting Owners

Relationships						
Director	10% Owner	Officer	Other			
		Senior Vice President				
	Director		Director 10% Owner Officer Senior			

Signatures

Lisa A. Machesney, Attorney-in-fact for Michael B. Walen.

03/30/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 33 1/3 of option became exercisable on May 2, 2002 and an additional 33 1/3 becomes exercisable on each of the next two one-year anniversaries of such date.

Reporting Owners 2

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(2) 33 1/3 of option became exercisable on July 17, 2002 and an additional 33 1/3 becomes exercisable on each of the next two one-year anniversaries of such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.