CAPITAL ONE FINANCIAL CORP

Form 4 May 30, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			Symbol						Issuer		
•				ITAL ONE FINANCIAL CORP				CORP	(Check all applicable)		
			(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 05/29/2007					X Director 10% OwnerX Officer (give title Other (specify below)		
MCLEAN, '	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
	VA 22102								Person		
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	r) Execution	med on Date, if Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock (1) (2)	05/29/2007			S		700	D	\$ 79.72	2,210,195	D	
Common Stock	05/29/2007			S		600	D	\$ 79.73	2,209,595	D	
Common Stock	05/29/2007			S		400	D	\$ 79.74	2,209,195	D	
Common Stock	05/29/2007			S		300	D	\$ 79.75	2,208,895	D	
Common Stock	05/29/2007			S		300	D	\$ 79.76	2,208,595	D	

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Common Stock	05/29/2007	S	300	D	\$ 79.77	2,208,295	D	
Common Stock	05/29/2007	S	100	D	\$ 79.78	2,208,195	D	
Common Stock	05/29/2007	S	500	D	\$ 79.79	2,207,695	D	
Common Stock	05/29/2007	S	339	D	\$ 79.8	2,207,356	D	
Common Stock	05/29/2007	S	200	D	\$ 79.81	2,207,156	D	
Common Stock	05/29/2007	S	200	D	\$ 79.82	2,206,956	D	
Common Stock	05/29/2007	S	100	D	\$ 79.83	2,206,856	D	
Common Stock	05/29/2007	S	100	D	\$ 79.84	2,206,756	D	
Common Stock	05/29/2007	S	200	D	\$ 79.86	2,206,556	D	
Common Stock	05/29/2007	S	100	D	\$ 79.89	2,206,456	D	
Common Stock	05/29/2007	S	100	D	\$ 79.9	2,206,356	D	
Common Stock	05/29/2007	S	100	D	\$ 79.93	2,206,256	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration Date	Amount of	Derivative	Deriv
or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
Derivative				Securities	3	(Instr. 3 and 4)		Own
Security				Acquired				Follo
				(A) or				Repo
				Disposed				Trans
				of (D)				(Instr
	or Exercise Price of Derivative	Conversion (Month/Day/Year) or Exercise Price of Derivative	or Exercise any Price of (Month/Day/Year) Derivative	Conversion (Month/Day/Year) Execution Date, if Transaction or Exercise any Code Price of (Month/Day/Year) (Instr. 8) Derivative	Conversion or Exercise any Code of Price of Derivative Security Se	Conversion (Month/Day/Year) Execution Date, if or Exercise any Code of (Month/Day/Year) Price of (Month/Day/Year) (Instr. 8) Derivative Security Security Acquired (A) or Disposed	Conversion (Month/Day/Year) Execution Date, if or Exercise any Code of (Month/Day/Year) (Instr. 8) Derivative Security Security Expiration Date Amount of Underlying Securities Securities (Instr. 8) Derivative Securities (Instr. 8) Derivative Securities (Instr. 3 and 4) Security Sec	Conversion (Month/Day/Year) Execution Date, if any Code of (Month/Day/Year) Underlying Security Price of Code of (Month/Day/Year) Underlying Security Securities (Instr. 5) Acquired (A) or Disposed

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(Instr. 3, 4, and 5)

Reporting Owners

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Other			
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102	X		Chairman, CEO and President				

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D.
Fairbank
05/30/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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