CABOT OIL & GAS CORP

Form 4

November 13, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

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Expires:

January 31, 2005

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MACHESNEY LISA A			2. Issuer Name and Ticker or Trading Symbol CABOT OIL & GAS CORP [COG]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
1200 ENCLAVE PARKWAY			11/08/2007	_X_ Officer (give title Other (specify below) VP, Mang. Counsel & Corp. Sec.		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
HOUSTON, T	X 77077		Filed(Month/Day/Year)	Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit oper Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/08/2007		M	14,000	A	\$ 7.66	91,640	D	
Common Stock	11/08/2007		S	100	D	\$ 38.12	91,540	D	
Common Stock	11/08/2007		S	100	D	\$ 38.14	91,440	D	
Common Stock	11/08/2007		S	500	D	\$ 38.15	90,940	D	
Common Stock	11/08/2007		S	300	D	\$ 38.16	90,640	D	

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Common Stock	11/08/2007	S	600	D	\$ 38.17 90,040	D
Common Stock	11/08/2007	S	100	D	\$ 38.18 89,940	D
Common Stock	11/08/2007	S	500	D	\$ 38.19 89,440	D
Common Stock	11/08/2007	S	1,000	D	\$ 38.2 88,440	D
Common Stock	11/08/2007	S	1,300	D	\$ 38.21 87,140	D
Common Stock	11/08/2007	S	100	D	\$ 38.215 87,040	D
Common Stock	11/08/2007	S	400	D	\$ 38.22 86,640	D
Common Stock	11/08/2007	S	400	D	\$ 38.23 86,240	D
Common Stock	11/08/2007	S	200	D	\$ 38.24 86,040	D
Common Stock	11/08/2007	S	100	D	\$ 38.26 85,940	D
Common Stock	11/08/2007	S	100	D	\$ 38.265 85,840	D
Common Stock	11/08/2007	S	200	D	\$ 38.27 85,640	D
Common Stock	11/08/2007	S	100	D	\$ 38.29 85,540	D
Common Stock	11/08/2007	S	200	D	\$ 38.3 85,340	D
Common Stock	11/08/2007	S	100	D	\$ 38.31 85,240	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount o
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		

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Derivative or Disposed of Security (D)

(Instr. 3, 4, and 5)

Code V (A) Date Exercisable Expiration Title (D)

Date

Number of Share

Stock

buy)

Option (right to

\$ 7.66 11/08/2007 M

14,000 02/17/2004(1) 02/17/2008 Common 14,000

Amount

Reporting Owners

Relationships Reporting Owner Name / Address

> 10% Owner Officer Other Director

MACHESNEY LISA A 1200 ENCLAVE PARKWAY HOUSTON, TX 77077

VP, Mang. Counsel & Corp. Sec.

Signatures

Lisa A.

Machesney 11/12/2007 **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 33 1/3% of option became exercisable on February 17, 2004 and an additional 33 1/3% becomes exercisable on each of the next two one-year anniversaries of such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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