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CABOT OIL Form 4 April 17, 201	& GAS CORP									
FORM	1 4								OMB AF	PROVAL
	UNITED	STATES S		ITIES A hington,			NGE C	OMMISSION	OMB Number:	3235-0287
Check thi if no long subject to	er STATEM	IENT OF	CHAN	GES IN I SECUR		ICIA	LOW	NERSHIP OF	Expires: Estimated a	
Section 10 Form 4 or				SECUR	111125				burden hour response	rs per 0.5
Form 5 obligatior may conti <i>See</i> Instru 1(b).	Filed purs ns Section 17(a	a) of the P	ublic Ut		ling Con	npany	y Act of	e Act of 1934, 71935 or Section 0		0.5
(Print or Type R	Responses)									
1. Name and A RALLS W M	ddress of Reporting l MATT	:	Symbol	Name and			-	5. Relationship of Issuer	Reporting Pers	on(s) to
(Last)	(First) (N						200]	(Checl	k all applicable)
. ,	ER ROAD, STE.	((Month/D) 04/15/20	•	ansaction			X Director Officer (give to below)		Owner er (specify
	(Street)			ndment, Da th/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C		-
HOUSTON,	TX 77024							Form filed by M Person	ore than One Re	porting
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8) Code V	(Instr. 3,	(A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	04/15/2014			A <u>(1)</u>	572	A	\$ 32.82	31,085	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

	2.	3. Transaction Date		4.	5.	6. Date Exerc			le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio		Expiration D			unt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities	5		(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(III)
					(insu: 5, 4, and 5)						
					4, and <i>5)</i>						
				Code V	(A) (D)	Date	Expiration	Title	Amount		
						Exercisable	Date		or		
									Number		
									of		
									Shares		
									Shares		

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Reporting Owners

Reporting Owner Name / Address				
FB	Director	10% Owner	Officer	Other
RALLS W MATT 840 GESSNER ROAD, STE. 1400 HOUSTON, TX 77024	Х			
Signatures				
Deidre L. Shearer, Attorney-in-Fact Ralls	for W. M	att	04/17/	2014
<u>**</u> Signature of Reporting Person			Dat	e
Explanation of Poen	oncod			

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Restricted stock units issued pursuant to the Company's Non-Employee Director Deferred Compensation Plan in lieu of quarterly cash retainer and leadership fees payable on April 15, 2014, in the amount of \$18,750. The units are issued pursuant to the Company's 2004

(1) Tetanler and readership tees payable on April 15, 2014, in the another of \$10,750. The units are issued pursuant to the Company's 200
 Stock Incentive Plan and are paid in shares of Common Stock upon the date the non-employee director ceases to be a director of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.