Vitamin Shoppe, Inc. Form DEFA14A April 20, 2010

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of

the Securities Exchange Act of 1934	
Filed by the Registrant x	
Filed by a Party other than the Registrant "	
Check the appropriate box:	
 PreliminaryProxy Statement Definitive Proxy Statement Definitive Additional Materials Soliciting Material Pursuant to \$240.14a-12 VITAMIN SHOPE	" Confidential, For Use of the Commission Only(as permitted by Rule 14a-6(e)(2)) PPE, INC.
VITAMIN SHOT	TE, INC.
(Name of Registrant as Spec	cified In Its Charter)
(Name of Person(s) Filing Proxy Statem	nent, if other than the Registrant)
Payment of Filing Fee (Check the appropriate box):	
x No fee required.	
" Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and	0-11.
(1) Title of each class of securities to which transaction applies:	

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(2)	Aggregate number of securities to which transaction applies:
(3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):
(4)	Proposed maximum aggregate value of transaction:
(5)	Total fee paid:
Fee paid previously with preliminary materials.	
Chec	ck box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.
(1)	Amount Previously Paid:
(2)	Form, Schedule or Registration Statement No.:
(3)	Filing Party:
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