SILVERBOW RESOURCES, INC. Form 8-K October 17, 2017

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d)

of the Securities Exchange Act of 1934

Date of Report (or Date of Earliest Event Reported): October 16, 2017

SilverBow Resources, Inc.

(Exact name of Registrant as specified in its charter)

Delaware (State or other jurisdiction 001-8754 (Commission 20-3940661 (IRS Employer

of incorporation)

File Number) 575 North Dairy Ashford, Suite 1200 **Identification No.**)

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Houston, Texas 77079

(Address of principal executive offices)

(281) 874-2700

(Registrant s telephone number)

N/A

(Former Name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 7.01 Regulation FD Disclosure

On October 16, 2017, SilverBow Resources, Inc. (the Company) posted a corporate presentation to its website at www.sbow.com, which the Company may use from time to time in communications or conferences. A copy of the corporate presentation is attached as Exhibit 99.1 to this Current Report on Form 8-K.

The information furnished under this Item 7.01, including Exhibit 99.1, shall not be deemed filed for purposes of Section 18 of the Exchange Act, nor shall it be deemed incorporated by reference in any filing under the Securities Act, except as shall be expressly set forth by reference to the filing.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits.

Exhibit

Number	Description
99.1	SilverBow Resources, Inc. October 2017 Corporate Presentation

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EXHIBIT INDEX

Exhibit

Number	Description
99.1	SilverBow Resources, Inc. October 2017 Corporate Presentation

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 16, 2017

SILVERBOW RESOURCES, INC.

By: /s/ Christopher M. Abundis Christopher M. Abundis

> Senior Vice President, General Counsel and Secretary

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