HOUSTON EXPLORATION CO

Form 4

March 01, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * WESTMORELAND JAMES F

2. Issuer Name and Ticker or Trading

Symbol

(Month/Day/Year)

02/25/2005

Issuer

HOUSTON EXPLORATION CO

[THX]

Director 10% Owner

5. Relationship of Reporting Person(s) to

(Check all applicable)

VP and Chief Accounting Office

X_ Officer (give title Other (specify below)

THE HOUSTON EXPLORATION COMPANY, 1100 LOUISIANA STREET, SUITE 2000

(Street)

(State)

(First)

(Middle)

(Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

3. Date of Earliest Transaction

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

HOUSTON, TX 77002-5215

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) (Instr. 3)

Execution Date, if (Month/Day/Year)

4. Securities Acquired (A) Transactionr Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned **Following** Reported

Ownership Form: Direct (D) or Indirect

7. Nature of Indirect Beneficial Ownership (Instr. 4)

(A) (D) Amount

Code V

Price

(I) Transaction(s) (Instr. 4) (Instr. 3 and 4)

common

value

stock, 02/25/2005 \$0.01 par

02/25/2005

S 32,416 D

7.594

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sl
employee stock option (right to buy)	\$ 18.625	02/25/2005		X	3,200	10/26/2000(1)	10/26/2009(1)	common stock	3,2
employee stock option (right to buy)	\$ 36.875	02/25/2005		X	17,296	01/25/2002(1)	01/25/2011(1)	common stock	17,
employee stock option (right to buy)	\$ 25.48	02/25/2005		X	5,200	09/20/2002(1)	09/20/2011(1)	common stock	5,2
employee stock option (right to buy)	\$ 30.1	02/25/2005		X	4,000	10/16/2003(1)	10/16/2012(1)	common stock	4,0
employee stock option (right to buy)	\$ 35.62	02/25/2005		X	2,720	10/21/2004(1)	10/21/2013(1)	common stock	2,7

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
WESTMORELAND JAMES F			VP and Chief Accounting Office			
THE HOUSTON EXPLORATION COMPANY						
1100 LOUISIANA STREET, SUITE 2000						

Reporting Owners 2

HOUSTON, TX 77002-5215

Signatures

/s/ James F.
Westmoreland 03/01/2005

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Employee stock options vest in five equal annual installments beginning on the first anniversary of the grant date and expire 10 years from the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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