KROGER CO Form 4 March 30, 2007

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * JOHNSON CARVER L			2. Issuer Name and Ticker or Trading Symbol KROGER CO [KR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
			(Month/Day/Year)	Director 10% Owner			
1014 VINE STREET			03/29/2007	_X_ Officer (give title Other (specify below)			
				Group Vice President			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
CINCINNATI, OH 45202				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionDisposed of (D) Securities Ownership Indirect (Instr. 3) (Instr. 3, 4 and 5) Beneficially Code Form: Beneficial (Month/Day/Year) (Instr. 8) Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Code V Amount (D) Price Common 03/29/2007 M 48,000 A \$ 14.925 58,935 D Stock Common 03/29/2007 M 10,000 68,935 D Stock 15.5625 Common 03/29/2007 M 6,000 \$ 16.385 74,935 D A Stock Common 03/29/2007 M 50,000 124,935 D 16.5938 Stock Common 03/29/2007 M 12,000 \$17.31 136,935 D A Stock

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Common Stock	03/29/2007	M	16,000	A	\$ 22.995	152,935	D
Common Stock	03/29/2007	M	10,000	A	\$ 24.43	162,935	D
Common Stock	03/29/2007	S	133,400	D	\$ 28.32 (1)	29,535	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Non-Qualified Stock Option	\$ 22.995	03/29/2007		M	1	16,000	(2)	05/09/2012	Common Stock	16,0
Non-Qualified Stock Option	\$ 14.925	03/29/2007		M	2	48,000	(2)	12/12/2012	Common Stock	48,0
Non-Qualified Stock Option	\$ 17.31	03/29/2007		M	1	12,000	(2)	05/06/2014	Common Stock	12,0
Non-Qualified Stock Option	\$ 16.385	03/29/2007		M		6,000	(2)	05/05/2015	Common Stock	6,0
Non-Qualified Stock Option	\$ 24.43	03/29/2007		M	1	10,000	(2)	05/10/2011	Common Stock	10,0
Non-Qualified Stock Option	\$ 15.5625	03/29/2007		M	1	10,000	(2)	12/09/2009	Common Stock	10,0
Non-Qualified Stock Option	\$ 16.5938	03/29/2007		M	4	50,000	(2)	02/11/2010	Common Stock	50,0

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

JOHNSON CARVER L 1014 VINE STREET CINCINNATI, OH 45202

Group Vice President

Signatures

/s/ Carver L. Johnson, by Bruce M. Gack, Attorney-in-Fact

03/30/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average of shares sold at prices varying from \$28.00 to \$28.395 per share. Shares were sold at the market in connection with one market order placed by the reporting person.
- (2) These options were granted under a long-term incentive plan of The Kroger Co. and vest in equal annual installments in whole amounts over a five-year period, at the rate of 20% per year commencing one year from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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