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METLIFE I Form 4 October 25, FORN Check t if no lor subject Section Form 4 Form 5 obligation may con <i>See</i> Inst 1(b).	2007 A 4 UNITED his box his box his box to 16. or States Filed pur Section 17(MENT O rsuant to S (a) of the 3	Wa F CHA Section Public U	NGES II SECU 16(a) of	n, D.C. N BENH RITIES the Secu olding C	20549 CFICI S arities ompa	AL OW Exchan	COMMISSIO /NERSHIP Ol ge Act of 1934 of 1935 or Sect 40	N OMB Numbe Expires Estimat burden respons	r: :: ted ave hours	erage	0287
TOPPETA WILLIAM J Symbol				er Name and Ticker or Trading LIFE INC [MET]				5. Relationship of Reporting Person(s) to Issuer				
(Last) (First) (Middle) 3. Date (Month			3. Date of (Month/	ate of Earliest Transaction hth/Day/Year) 23/2007				(Check all applicable) <u> </u>				
				nendment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	(State)	(Zip)	Tal	ole I - Non	-Derivati	ve Seci	urities Ac	quired, Disposed	of, or Benef	ïcially	Owned	I
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	nsaction Date 2A. Deemed			4. Secu tor(A) or I (Instr. 3	rities A Dispose , 4 and (A) or	cquired ed of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of wnership Indirect orm: Beneficial irect (D) Ownership Indirect (Instr. 4)		
Common Stock	10/23/2007			Code V M	Amoun 2,755	t (D) A	Price \$ 29.95	97,175	D			
Common Stock	10/23/2007			S <u>(1)</u>	200	D	\$ 67.64	96,975	D			
Common Stock	10/23/2007			S <u>(1)</u>	700	D	\$ 67.66	96,275	D			
Common Stock	10/23/2007			S <u>(1)</u>	1,855	D	\$ 67.7	94,420	D			
Common Stock								344	Ι	Pol	MetLi icyholo st <u>(2)</u>	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 29.95	10/23/2007		М	2,755	(3)	04/08/2011	Common Stock	2,755

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
TOPPETA WILLIAM J 200 PARK AVENUE NEW YORK, NY 10166			President, International					
Signatures								
Gwenn L. Carr, authorized	1	0/25/2007						

signer

**Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v). *

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The sale transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on May (1) 7,2007.

Shares held in trust under the MetLife Policyholder Trust established to hold shares of Common Stock allocated to eligible policyholders (2)of Metropolitan Life Inurance Company, a wholly-owned subsidiary of MetLife, Inc.

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(3) The option vested in three equal installments on April 9,2002, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.