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METLIFE Form 4 January 17, FORN	, 2008		RITIES ashingtor				COMMISSIO			
if no lo subject Section Form 4 Form 5 obligati may co	nger to 16. or Filed pursua	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940								
(Print or Type	e Responses)									
	Address of Reporting Per ON C ROBERT	Symbol	er Name ar IFE INC		or Trac	ling	5. Relationship Issuer	of Reporting	Person(s) to	
(Last)	(First) (Mid		of Earliest		n		(Ch	eck all applic	able)	
			(Month/Day/Year) 01/16/2008				X Director 10% Owner X Officer (give title Other (specify below) below) Chairman and CEO			
NEW VOI	(Street) RK, NY 10166		endment, I onth/Day/Ye	-	nal		6. Individual or Applicable Line) _X_ Form filed by Form filed by		ng Person	
(City)	(State) (Zi	n) — -			~		Person			
	· · · ·	1 1 1	ole I - Non- 3.				quired, Disposed 5. Amount of	of, or Benef	icially Owned 7. Nature of	
Security (Instr. 3)				4. Securi or(A) or D (Instr. 3,	ispose	d of (D)	Securities Beneficially Owned Following Reported Transaction(s)	o. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	(D)	Price \$	(Instr. 3 and 4)			
Stock	01/16/2008		М	3,100	А	φ 29.95	136,625	D		
Common Stock	01/16/2008		S <u>(1)</u>	3,100	D	\$ 60.26	133,525	D		
Common Stock							10	I	By Irrevocable Family Trust (2)	
Common Stock							10	I	By MetLife Policyholder Trust <u>(2)</u>	

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Common Stock					10	0	Ι	By Spouse	(2)
Common Stock					4′	79	I	By Other Trust (2)	
Reminder: Report on a separate line for each class of securities beneficia				cially owned directly or indirectly. Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Transaction of Derivative E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 29.95	01/16/2008		М	3,100	<u>(3)</u>	04/08/2011	Common Stock	3,100

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
HENRIKSON C ROBERT 200 PARK AVENUE NEW YORK, NY 10166	Х		Chairman and CEO				
Signatures							
Gwenn L. Carr, authorized signer	0	1/17/2008					
<u>**</u> Signature of Reporting Person		Date					

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on August 21, 2007.
- (2) Shares held in trust under MetLife Policyholder Trust established to hold shares of Common Stock allocated to eligible policyholders of Metropolitan Life Insurance Company, a wholly-owned subsidiary of MetLife, Inc.
- (3) The option vested in three equal installments on April 9,2002, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.