DSOUZA FRANCISCO

Form 4

November 25, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Es

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

SECURITIES

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

		• '										
1. Name and Address of Reporting Person * DSOUZA FRANCISCO				2. Issuer France und Frence of Fraging					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP., 500 FRANK W. BURR BLVD				(Month/Day/Year)				_X_ Director 10% Owner Street Control of the control of				
(Street) TEANECK, NJ 07666				Filed(Month/Day/Year) A				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
	(City)	(State)	(Zip)	7 0.1.1			•,		Person	D 6 1		
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deen	ned n Date, if	3.	4. Securities of Disposed (Instr. 3, 4	es Acqu d of (E	uired (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Class A Common Stock	11/23/2009			M	175,440	A		344,121	D		
	Class A Common Stock	11/23/2009			S	100	D (1)	\$ 44.03	344,021	D		
	Class A Common	11/23/2009			S	100	D (1)	\$ 44.05	343,921	D		

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Class A Common Stock	11/23/2009	S	3,650	D (1)	\$ 44.08	340,271	D
Class A Common Stock	11/23/2009	S	400	D (1)	\$ 44.1	339,871	D
Class A Common Stock	11/23/2009	S	400	D (1)	\$ 44.11	339,471	D
Class A Common Stock	11/23/2009	S	600	D (1)	\$ 44.12	338,871	D
Class A Common Stock	11/23/2009	S	200	D (1)	\$ 44.13	338,671	D
Class A Common Stock	11/23/2009	S	200	D (1)	\$ 44.14	338,471	D
Class A Common Stock	11/23/2009	S	97	D (1)	\$ 44.16	338,374	D
Class A Common Stock	11/23/2009	S	103	D (1)	\$ 44.17	338,271	D
Class A Common Stock	11/23/2009	S	400	D (1)	\$ 44.19	337,871	D
Class A Common Stock	11/23/2009	S	400	D (1)	\$ 44.2	337,471	D
Class A Common Stock	11/23/2009	S	400	D (1)	\$ 44.21	337,071	D
Class A Common Stock	11/23/2009	S	1,200	D (1)	\$ 44.22	335,871	D
Class A Common Stock	11/23/2009	S	600	D (1)	\$ 44.23	335,271	D
Class A Common Stock	11/23/2009	S	200	D (1)	\$ 44.24	335,071	D
Class A Common	11/23/2009	S	400	D (1)	\$ 44.26	334,671	D

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Stock							
Class A Common Stock	11/23/2009	S	1,600	D (1)	\$ 44.27	333,071	D
Class A Common Stock	11/23/2009	S	100	D (1)	\$ 44.28	332,971	D
Class A Common Stock	11/23/2009	S	2,300	D (1)	\$ 44.29	330,671	D
Class A Common Stock	11/23/2009	S	2,600	D (1)	\$ 44.3	328,071	D
Class A Common Stock	11/23/2009	S	3,400	D (1)	\$ 44.31	324,671	D
Class A Common Stock	11/23/2009	S	2,300	D (1)	\$ 44.32	322,371	D
Class A Common Stock	11/23/2009	S	2,200	D (1)	\$ 44.33	320,171	D
Class A Common Stock	11/23/2009	S	2,700	D (1)	\$ 44.34	317,471	D
Class A Common Stock	11/23/2009	S	3,100	D (1)	\$ 44.35	314,371	D
Class A Common Stock	11/23/2009	S	3,098	D (1)	\$ 44.36	311,273	D
Class A Common Stock	11/23/2009	S	4,200	D (1)	\$ 44.37	307,073	D
Class A Common Stock	11/23/2009	S	2,400	D (1)	\$ 44.38	304,673	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Class A Common Stock Option (Right to Buy) (2)	\$ 5.06	11/23/2009		M		175,440	02/05/2004	02/05/2013	Class A Common Stock	175,44

Relationship

Reporting Owners

Reporting Owner Name / Address		K	Relationships		
	Director	10% Owner	Officer	Other	
DSOUZA FRANCISCO C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD TEANECK, NJ 07666	X		President and CEO		

Signatures

/s/ Steven Schwartz, on behalf of Francisco D'Souza, by power of attorney

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Such shares were sold pursuant to a Rule 10b5-1 Sales Plan.
- Such options were granted on February 5, 2003 pursuant to the Company's Amended and Restated 1999 Incentive Compensation Plan. The options were 100% vested on February 5, 2007. The Date Exercisable above reflects the first anniversary date of such option.
- (3) Excludes previously granted options for an aggregate of 490,000 shares of Class A Common Stock, which have different exercise prices and vesting dates.

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