Edgar Filing: J. Alexander's Holdings, Inc. - Form 4

J. Alexander Form 4 May 24, 201	's Holdings, Inc.										
								OMB A	PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287		
Check th if no long	1er				Expires:	January 31, 2005					
subject to Section 1 Form 4 o Form 5 obligatio may cont	SECUR 16(a) of th Jtility Hole	RITIES e Securit ding Con	ies E npany	xchang y Act o	NERSHIP OF ge Act of 1934, f 1935 or Sectic 40	Estimated burden ho response	average urs per				
<i>See</i> Instruction 30(h) of the Investment Company Act of 1940 1(b).											
(Print or Type I	Responses)										
QUIRK RAYMOND R Symbol						-	5. Relationship of Reporting Person(s) to Issuer				
		cander's Ho	U ·	nc. [.	JAX]	(Check all applicable)					
			e of Earliest Transaction h/Day/Year) 3/2016				_X_ Director 10% Owner Officer (give title Other (specify below) below)				
	nendment, Da onth/Day/Year	-	1		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
JACKSONVILLE, FL 32204 Form filed by More than One Reporting Person									ceporting		
(City)	City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ally Owned		
1.Title of Security (Instr. 3)	(Month/Day/Year)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			ties A ispose 4 and (A) or	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	curities Form: Direct Indirect meficially (D) or Benefic wheed Indirect (I) Owners llowing (Instr. 4) (Instr. 4 eported ansaction(s)			
			Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	05/23/2016		Р	9,453	А	\$ 9.68 (1)	76,762	I	Quirk 2002 Trust		
Common Stock	05/24/2016		Р	7,975	А	\$ 9.76 (2)	84,737	I	Quirk 2002 Trust		
Common Stock							2,716	I	Raymond Quirk 2004 Trust		
Common Stock							5,318	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	-				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									. .		
									Amount		
						Date	Expiration		or		
						Exercisable	-	Title Number			
									of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
QUIRK RAYMOND R 601 RIVERSIDE AVENUE JACKSONVILLE, FL 32204	Х						
Signatures							
/s/ Jessica H. Root, Attorney-in-Fact		05/24/2016					
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This price represents the weighted average purchase price of multiple transactions on the reported date at prices that ranged between
 (1) \$9.61 and \$9.73. Detailed information regarding the number of shares purchased at each separate price will be provided by the reporting person upon request by the staff on the Securities and Exchange Commission, the issuer, or a security holder of the issuer.

This price represents the weighted average purchase price of multiple transactions on the reported date at prices that ranged between
 (2) \$9.75 and \$9.76. Detailed information regarding the number of shares purchased at each separate price will be provided by the reporting person upon request by the staff on the Securities and Exchange Commission, the issuer, or a security holder of the issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.