Edgar Filing: J. Alexander's Holdings, Inc. - Form 4

J. Alexander Form 4 May 27, 201	's Holdings, Inc.										
									OMB APPROVAL		
Check th if no long subject to Section 1	is box ger STATEM	Washington, D.C. 20549 x STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							ar: 3235-0287 January 31, 2005 ted average		
Section 16.SECORTIESburden hours per responseForm 4 orForm 5Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 194030(h) of the Investment Company Act of 1940											
(Print or Type I											
MAGGARD RONALD B Symbol						-	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (M		J. Alexander's Holdings, Inc. [JAX] 3. Date of Earliest Transaction (Check				k all applicable)				
			27/2016 —				X Director Officer (give below)				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
NASHVILL	le, TN 37203							More than One R			
(City)	(State)	(Zip)	Table I - Non-l	Derivative	Secur	ities Ac	quired, Disposed o	of, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Datany	Code Year) (Instr. 8)	ion(A) or D (D) (Instr. 3,	4 and (A) or	d of 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial		
Common Stock	05/27/2016		Code V P	7 Amount 1,000	(D) A	Price \$ 10.2	41,177	I	Ronald B. Maggard revocable trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
I B	Director	10% Owner	Officer	Other			
MAGGARD RONALD B 3401 WEST END AVENUE, SUITE 260 NASHVILLE, TN 37203	Х						
Signatures							
/s/ Jessica H. Root, Attorney-in-Fact		05/27/2016					
**Signature of Reporting Person		Date					
Evalenction of De							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.