## Edgar Filing: VERIZON COMMUNICATIONS INC - Form 4

VERIZON C Form 4 June 09, 2014	COMMUNICATI 4	ONS INC									
FORM	4						PPROVAL				
	UNITED	STATES S	SECURITIES A Washington	AND EXCHANGE , D.C. 20549	COMMISSION	OMB Number:	3235-0287				
Check thi if no long subject to Section 1 Form 4 or Form 5	6. Filed pur		SECUE		Expires: Estimated burden hor response	urs per					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type R	Responses)										
1. Name and A Gurnani Rog	ddress of Reporting ger	s V	ymbol /ERIZON COM	I Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<b>(</b>			NC [VZ]								
	(First) (1 COMMUNICAT /EST STREET	[]	. Date of Earliest T Month/Day/Year) 6/05/2014	ransaction	Director 10% Owner X Officer (give title Other (specify below) EVP & Chief Info. Officer						
	(Street)		. If Amendment, Day/Year	-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person						
NEW YORK, NY 10007						More than One R	eporting				
(City)	(State)	(Zip)	Table I - Non-I	Derivative Securities A	cquired, Disposed o	of, or Beneficia	lly Owned				
	2. Transaction Date (Month/Day/Year)		Code	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Reminder: Rep	ort on a separate line	e for each class	s of securifies benef	information cont	pond to the colled ained in this form	are not	SEC 1474 (9-02)				
				displays a currer number.	ond unless the for htly valid OMB co	ntrol					
	Tabl			uired, Disposed of, or , options, convertible s							

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of	8. P
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities	Der

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	(Month/Day f	/Year)	(Instr. 3 and	4)	Sect (Ins
				Code V	(A) (D	) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	06/05/2014		А	55.809	<u>(1)</u>	<u>(1)</u>	Common Stock	16	\$
Reporting Owners										

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
Gurnani Roger VERIZON COMMUNICATIONS INC. 140 WEST STREET NEW YORK, NY 10007			EVP & Chief Info. Officer	
Signatures				
William L. Horton, Jr., Attorney-in-fact f Gurnani	for Roger		06/09/2014	

<u>\*\*</u>Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.