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GESTAL K	ENNETH L								
Form 4									
June 04, 200								0145.4	
FORM	14 UNITED	STATES	SECU	DITIES	AND FY	СНАМСИ		т	PPROVAL
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287
Check th				51111500	, D .C. 20				January 31,
if no lon		MENT OF	F CHAI	NGES IN	BENEF	ICIAL O	WNERSHIP OF	Expires:	2005
subject to Section 16. SECURITIES									average urs per
Form 4 or									. 0.5
Form 5 obligation							nge Act of 1934,		
may con				•	•	· ·	of 1935 or Section	on	
See Instr	ruction	30(h)	of the I	nvestmen	t Compar	ny Act of 1	1940		
1(b).									
(Print or Type	Responses)								
	Address of Reporting	Person [*]	2. Issuer Name and Ticker or Trading Symbol UFP TECHNOLOGIES INC [UFP]				5. Relationship of	of Reporting Per	rson(s) to
GESTAL K	ENNETH L						Issuer		
							(Check all applicable)		
(Last)	(First) (Middle)	3. Date of Earliest Transaction						
	2	(Month/Day/Year) 06/03/2009			X_ Director 10% Owner Officer (give title Other (specify				
	ECHNOLOGIES EAST MAIN STH		00/05/2	2009			below)	below)	
		4. If Amondmont, Data Original				6 Individual or Joint/Group Filing(Check			
		4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line)				
			1 1100(111	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			_X_ Form filed by		
GEORGET	OWN, MA 0183	3					Form filed by Person	More than One R	eporting
(City)	(State)	(Zip)	Та	la I Nan	Dominativa	Securities 1	Acquired, Disposed	ef or Donoficio	lly Owned
1 THf	2 Turner stien Date	24 D							-
1.Title of Security	2. Transaction Date (Month/Day/Year)	Execution		3. Transactio	 Securit onAcquired 			6. Ownership Form: Direct	7. Nature of Indirect
(Instr. 3)		any		Code Disposed of (D)		of (D)		(D) or Indirect	
		(Month/Da	y/Year)	(Instr. 8)	(Instr. 3, 4	4 and 5)		(I) (Instr. 4)	Ownership (Instr. 4)
							Reported	(11150. 4)	(111501. 4)
						(A) or	Transaction(s)		
				Code V	Amount	(D) Price	(Instr. 3 and 4)		
Reminder: Rei	oort on a separate lin	e for each cl	ass of sec	urities bene	ficially ow	ned directly	or indirectly		
Kenninger. Kej	sort on a separate fill			unities belle	-		spond to the colle	ction of	SEC 1474
					inform	nation con	tained in this form	are not	(9-02)
					•	•	ond unless the for ntly valid OMB co		
					numb				

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	D
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	S

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 4.13	06/03/2009		А	1,420	06/03/2009	06/03/2019	Common Stock, \$.01 Par Value	1,420	5
Stock Option (right to buy)	\$ 4.13	06/03/2009		А	3,314	06/03/2009	06/03/2019	Common Stock, \$.01 Par Value	3,314	

Reporting Owners

Reporting Owner Name / Address	Relationships						
FB	Director	10% Owner	Officer	Other			
GESTAL KENNETH L C/O UFP TECHNOLOGIES, INC. 172 EAST MAIN STREET GEORGETOWN, MA 01833	Х						
Signatures							
Patrick J. Kinney, Jr. as attorney-in-Gestal	06/04/2009						
<u>**</u> Signature of Reporting P	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option was issued to the reporting person under the issuer's 2009 Director Stock Incentive Plan in lieu of the payment to him of \$2,500 of his annual cash retainer otherwise payable with respect to the period January 1, 2009 to May 31, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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