

SWIFT ENERGY CO
Form 4
February 22, 2008

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SMITH CLYDE W JR

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
16825 NORTHCHASE DRIVE,
SUITE 400

3. Date of Earliest Transaction
(Month/Day/Year)
02/20/2008

____ Director
____ Officer (give title below)
____ 10% Owner
____ Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

HOUSTON, TX 77060

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
SFY Cmmn Stk-Family Member					1,000	I	Held In Son's Roth IRA
Swift Energy Common Stock	02/20/2008		M	5,000 A \$ 18.875	23,380	D	
Swift Energy Common Stock	02/20/2008		S	200 D \$ 46.65	23,180	D	

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Swift Energy Common Stock	02/20/2008	S	100	D	\$ 46.62	23,080	D
Swift Energy Common Stock	02/20/2008	S	100	D	\$ 46.6	22,980	D
Swift Energy Common Stock	02/20/2008	S	300	D	\$ 46.58	22,680	D
Swift Energy Common Stock	02/20/2008	S	400	D	\$ 46.56	22,280	D
Swift Energy Common Stock	02/20/2008	S	400	D	\$ 46.55	21,880	D
Swift Energy Common Stock	02/20/2008	S	400	D	\$ 46.53	21,480	D
Swift Energy Common Stock	02/20/2008	S	2,100	D	\$ 46.508	19,380	D
Swift Energy Common Stock	02/20/2008	S	800	D	\$ 46.5	18,580	D
Swift Energy Common Stock	02/20/2008	S	200	D	\$ 46.49	18,380	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
NQ90 Plan grt 5/12/1998 NQ	\$ 18.875	02/20/2008		M	5,000	05/12/1999 05/12/2008	Swift Energy Common Stock 5,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SMITH CLYDE W JR 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060				

Signatures

Alton D. Heckaman, Jr. POA for Clyde Smith Jr. 02/21/2008

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.