Edgar Filing: DOBBINS R HELM - Form 4

Form 4												
	ORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB APPROVAL				
							OMMISSION	OMB Number:	3235-0287			
Check this if no longer subject to Section 16. Form 4 or	r STATEM								Expires: January 3 200 Estimated average burden hours per response 0			
Form 5 obligations may contin <i>See</i> Instruc 1(b).	ue. Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section										
(Print or Type Re	esponses)											
DOBBINS R HELM Symbol AMERIC				Name and Ticker or Trading CAN NATIONAL HARES INC [amnb]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 3. Date of (Month/Da 425 HAWTHORNE DRIVE 01/19/20 (Street) 4. If Amen			3. Date of Earliest Transaction (Month/Day/Year) 01/19/2010				·	Director 10% Owner Officer (give titleX Other (specify below) Sr. Vice President 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
			4. If Amend Filed(Month	dment, Date Original h/Day/Year)								
DANVILLE,	VA 24541							Form filed by M Form filed by M				
(City)	(State) (Zip)	Table	I - Non-De	erivative S	ecurit	ies Acqu	ired, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Transaction Date 2A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securi or(A) or D (Instr. 3,	ispose 4 and (A)	d of (D)	Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
American National Bankshares Inc.	01/19/2010			Code V $A^{(1)}$	Amount 937	or (D) A	Price \$ 21.36	(Instr. 3 and 4) 2,637	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	unt of rlying rities	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / AddressDirector10% OwnerOfficerOtherDOBBBINS R HELM
425 HAWTHORNE DRIVESr. Vice PresidentSource SignaturesSr. Vice PresidentCarolyn
Compton01/21/2010Sr. Vice President

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Restricted stock award; shares vest 1/19/2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.