

THROOP ROBERT S
Form 4
June 30, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
THROOP ROBERT S

2. Issuer Name and Ticker or Trading Symbol
COAST DISTRIBUTION SYSTEM INC [CRV]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner
 Officer (give title below) Other (specify below)

350 WOODVIEW AVENUE

06/28/2006

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

MORGAN HILL, CA 95037

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	06/28/2006		M	V 2,000 A \$ 5.625	7,000	D	
Common Stock	06/28/2006		M	V 2,000 A \$ 3.5	9,000	D	
Common Stock	06/28/2006		M	V 2,000 A \$ 3.125	11,000	D	
Common Stock	06/28/2006		M	V 2,000 A \$ 2.375	13,000	D	
Common Stock	06/28/2006		M	V 2,000 A \$ 1.5	15,000	D	

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Common Stock	06/28/2006		M	V	2,000	A	\$ 0.63	17,000	D
Common Stock	06/28/2006		M	V	2,000	A	\$ 2.15	19,000	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
				Code	V (A) (D)					
Employee Stock Option (right to buy)	\$ 5.625	06/28/2006		M	V	2,000	02/08/1997	08/08/2006	Common Stock	2,000
Employee Stock Option (right to buy)	\$ 3.5	06/28/2006		M	V	2,000	02/07/1998	08/07/2007	Common Stock	2,000
Employee Stock Option (right to buy)	\$ 3.125	06/28/2006		M	V	2,000	02/11/1999	08/11/2008	Common Stock	2,000
Employee Stock Option (right to buy)	\$ 2.375	06/28/2006		M	V	2,000	01/27/2000	07/27/2009	Common Stock	2,000
	\$ 1.5	06/28/2006		M	V	2,000	02/22/2001	08/22/2010		2,000

Employee Stock Option (right to buy)									Common Stock	
Employee Stock Option (right to buy)	\$ 0.63	06/28/2006	M	V	2,000	02/09/2002	08/09/2011	Common Stock	2,000	
Employee Stock Option (right to buy)	\$ 2.15	06/28/2006	M	V	2,000	02/15/2003	08/15/2012	Common Stock	2,000	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
THROOP ROBERT S 350 WOODVIEW AVENUE MORGAN HILL, CA 95037		X		

Signatures

Robert S.
Throop

06/30/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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