Edgar Filing: ENERGY EAST CORP - Form 4

ENERGY EA	ST CORP									
Form 4										
January 03, 20										
FORM	4 UNITEI) STATES	SECUE	ITIES AI	ND FYC	HANCE	COMMISSION	r	PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287		
Check this			(u s		2001200			Expires:	January 31,	
if no longer subject to STATEMENT OF			F CHAN	GES IN H	BENEFI	CIAL OW	NERSHIP OF	•	2005	
Section 16. SECURITIES					Estimated average burden hours per					
Form 4 or								response 0.5		
Form 5 obligations	, *			• •		•	ge Act of 1934,			
may contin	nue. Section 1			•	.	pany Act o Act of 19	of 1935 or Sectio	n		
See Instruc 1(b).	tion	50(II)	of the m	vestment	Company	ACT 01 19	40			
1(0).										
(Print or Type Re	esponses)									
H				2. Issuer Name and Ticker or Trading			5. Relationship of Reporting Person(s) to Issuer			
			Symbol	VEACT			100001			
			ENERGY EAST CORP [EAS]				(Check all applicable)			
(Last) (First) (Middle) 27 HIGHWOOD AVENUE (Street)			3. Date of Earliest Transaction (Month/Day/Year) 01/01/2007				V D.	100		
							X_ Director 10% Owner Officer (give title Other (specify below) below)			
			Filed(Mon	th/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person			
			LARCHMON	NT, NY 10538	2					Form filed by N
LARCHINO	1,111 10550	,					Person			
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurities Ac	quired, Disposed of	f, or Beneficia	lly Owned	
1.Title of	2. Transaction D	Date 2A. Dee	emed	3.	4. Securit	ies	5. Amount of	1	7. Nature of	
Security	(Month/Day/Yea		on Date, if		onAcquired			Form: Direct	Indirect	
(Instr. 3)		any (Month	/Day/Year)	Code (Instr. 8)	Disposed (Instr. 3, 4		Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership	
		X			(Following	(Instr. 4)	(Instr. 4)	
						(A)	Reported Transaction(s)			
						or	(Instr. 3 and 4)			
Common				Code V	Amount	(D) Price				
Stock							2,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactic Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price o Derivativ Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Shares	<u>(1)</u>	01/01/2007	01/02/2007	А	625	(1)	<u>(1)</u>	Common Stock	625	<u>(1)</u>

Reporting Owners

Reporting Owner Name / Addre	PSS	Relationships							
	Director	10% Owner	Officer	Other					
Kaplan Seth A 27 HIGHWOOD AVENUE LARCHMONT, NY 10538	Х								
Signatures									
Seth A. Kaplan	01/02/2007								
<u>**</u> Signature of	Date								

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Phantom stock granted and dividend phantom stock credited to a participant's account under the Company's Director Share Plan may be settled in cash only after the participant ceases to serve as a director of the Company.
- (2) Includes dividend phantom stock acquired pursuant to the dividend reinvestment feature included in the Company's Director Share Plan which is exempt from reporting under Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person