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Item 7.01 Regulation FD Disclosure.

First Trust Senior Floating Rate Income Fund II (the "Fund") is filing herewith a press release issued on September 6, 2017, as Exhibit 99.1. The press release was issued by First Trust Advisors L.P. to report that its Leveraged Finance Investment Team, portfolio manager of the Fund, will release an update on the market and the Fund on September 8, 2017. Details regarding access to the update are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	Description
99.1	Press release of First Trust Advisors L.P. dated September 6, 2017.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: September 6, 2017 FIRST TRUST SENIOR FLOATING RATE INCOME FUND II

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine

Title: Secretary

EXHIBIT INDEX

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