

SWIFT ENERGY CO
Form 3
March 22, 2017

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *			2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â ABUNDIS CHRISTOPHER M			(Month/Day/Year) 03/20/2017	SWIFT ENERGY CO [SWTF]	
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer		
575 N DAIRY ASHFORD, STE 1200			(Check all applicable)		
(Street)			<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
HOUSTON,Â TXÂ 77079			<input type="checkbox"/> Officer	<input type="checkbox"/> Other	_X_ Form filed by One Reporting Person
(City)	(State)	(Zip)	SR VP, GC & SECY		___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
COMMON STOCK	16,801 ⁽¹⁾	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Option (right to buy)	06/08/2017 ⁽²⁾	06/08/2021	Swift Energy Company Common Stock	13,228	\$ 23.25	D	Â
Warrants for Common Stock	04/22/2016	04/22/2019	Common Stock	1,972	\$ 80	D	Â
Warrants for Common Stock	04/22/2016	04/22/2020	Common Stock	1,972	\$ 86.18	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ABUNDIS CHRISTOPHER M 575 N DAIRY ASHFORD, STE 1200 HOUSTON, TX 77079	Â	Â	Â SR VP, GC & SECY	Â

Signatures

/s/ ABUNDIS CHRISTOPHER M 03/22/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes a time-based Restricted Stock Unit award with respect to 16,534 shares, awarded June 8, 2016, which will vest in three equal installments beginning on the first anniversary of the grant date.
- (2) The stock option vests in three equal installments beginning one year from the grant date of June 8, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.