F&M BANK CORP Form 8-K January 31, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 31, 2019

F & M Bank Corp.

(Exact name of registrant as specified in its charter)

Virginia 000-13273 54-1280811

(State or other jurisdiction of incorporation) (Commission File Number) (IRS Employer Identification No.)

P.O. Box 1111Timberville, Virginia 22853 (Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (540) 896-8941

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition.

On January 31, 2019, F & M Bank Corp. (the "Company") issued a press release announcing results for the quarter ended and year ended December 31, 2018. A copy of the press release is attached as Exhibit 99.1.

The information in this Form 8-K, and the exhibit hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such filing.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

In connection with his previously-announced transition to retirement, Larry Caplinger officially retired as Executive Vice President/Corporate Secretary of F&M Bank Corp. (the "Company"), effective December 31, 2018. Mr. Caplinger will remain a director of the Company.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No. Description

99.1 Press Release dated January 31, 2019

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

F & M Bank Corp.

Date: January 31, 2019 By: /s/ Neil W. Hayslett

Neil W. Hayslett

Executive Vice President and Chief Operating Officer

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EXHIBIT INDEX

Exhibit No. Description

99.1 Press Release dated January 31, 2019.

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