LYDALL INC /DE/ Form 4

December 15, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

Form filed by More than One Reporting

Person

3235-0287 January 31, Expires: 2005

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading LAUGHLAN JAMES V Issuer Symbol LYDALL INC /DE/ [LDL] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title Other (specify C/O LYDALL, INC., ONE 12/14/2016 below) COLONIAL ROAD, P.O. BOX 151 VP, CAO & Treasurer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

MANCHESTER, CT 06045-0151

(City)	(State)	(Zip) Tab	le I - Non-I	Derivative	Secu	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/14/2016		M	750	A	\$ 13.29 (1)	22,873	D	
Common Stock	12/14/2016		M	1,125	A	\$ 16.68 (2)	23,998	D	
Common Stock	12/14/2016		M	2,100	A	\$ 27.96 (3)	26,098	D	
Common Stock	12/14/2016		M	1,025	A	\$ 36.74 (4)	27,123	D	
Common Stock	12/14/2016		S	5,000	D	\$ 62.253 (5)	22,123	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secur Acqu (A) or Dispo	erivative rities ired rosed of 3, 4,	ive Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S (
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option Right to Buy	\$ 13.29	12/14/2016		M		750	12/05/2013	12/04/2022	Common Stock	750	
Stock Option Right to Buy	\$ 16.68	12/14/2016		M		1,125	12/06/2014	12/05/2023	Common Stock	1,125	
Stock Option Right to Buy	\$ 27.96	12/14/2016		M		2,100	12/05/2015	12/04/2024	Common Stock	2,100	
Stock Option Right to Buy	\$ 36.74	12/14/2016		M		1,025	12/04/2016	12/03/2025	Common Stock	1,025	

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
LAUGHLAN JAMES V							
C/O LYDALL, INC.			VP, CAO				
ONE COLONIAL ROAD, P.O. BOX 151			& Treasurer				
MANCHESTER, CT 06045-0151							

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Signatures

Chad A. McDaniel, Attorney-in-fact for James V. Laughlan

12/15/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the exercise of stock options granted on December 5, 2012 at an exercise price of \$13.29 under the Issuer's 2012 Stock Incentive Plan
- (2) Represents the exercise of stock options granted on December 6, 2013 at an exercise price of \$16.68 under the Issuer's 2012 Stock Incentive Plan.
- (3) Represents the exercise of stock options granted on December 5, 2014 at an exercise price of \$27.96 under the Issuer's 2012 Stock Incentive Plan.
- (4) Represents the exercise of stock options granted on December 4, 2015 at an exercise price of \$36.74 under the Issuer's 2012 Stock Incentive Plan.
- The price reported is the weighted average of all the shares sold on December 14, 2016. The shares were sold at varying prices ranging (5) from \$61.80 to \$63.00 The reporting person undertakes, upon request by the Staff of the Securities and Exchange Commission, the issuer, or a security holder of the issuer, to provide full information regarding the number of shares sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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