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Form 4 March 27, 20												
	_									OMB A	PPROVAL	
FORM	UNITED	STATES				ND EXC D.C. 205		NGE	COMMISSION	OMB Number:	3235-0287	
Check thi if no long		DX										
subject to Section 1 Form 4 or Form 5	6. r	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								Expires: 2008 Estimated average burden hours per response 0.8		
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the F		ility H	lold	ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	on		
(Print or Type F	Responses)											
1. Name and A Durkee Mat	ddress of Reporting F thew K	Person <u>*</u>	2. Issuer Symbol NBT BA			Ticker or T			5. Relationship of Issuer	f Reporting Per	son(s) to	
(Last)	(First) (N	liddle)				•	,10]		(Cheo	ek all applicable)		
(Month				. Date of Earliest Transaction Month/Day/Year) 3/25/2019					Director 10% Owner X_ Officer (give title Other (specify below) EVP / President of New England			
					h/Day/Year) Applicable I _X_ Form fi				Applicable Line) _X_ Form filed by	ed by One Reporting Person		
NORWICH	, NY 13815								Person	More than One R	eporting	
(City)	(State) (Zip)	Table	e I - Noi	n-De	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio: any		, if TransactionAcquired (A) or Code Disposed of (D) ear) (Instr. 8) (Instr. 3, 4 and 5) (A)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	decuritiesForm: DirectIndirectBeneficially(D) orBeneficDwnedIndirect (I)OwnersiBollowing(Instr. 4)(Instr. 4)ReportedTransaction(s)Direct (I)				
				Code	V	Amount	or (D)	Price	(Instr. 3 and 4)			
NBT Bancorp Inc. Common Stock	03/25/2019			А		2,863 (1)	A	\$ 0	31,703	D		
NBT Bancorp Inc. Common Stock	03/25/2019			А		1,395 (2)	A	\$ 0	33,098	D		
NBT Bancorp									2,768.301	Ι	401k	

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Inc.			
Common			
Stock			
NBT			
Bancorp			NBT
Inc.	544.337	Ι	Bancorp
Common			ESOP
Stock			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Exercisable Date

of

Shares

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transactio	5. onNumber	6. Date Exer Expiration D		7. Title and Amount of	8. Price of Derivative	9. Nu Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securities	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3 and	4)	Owne
	Security				Acquired					Follo
					(A) or					Repo
					Disposed					Trans
					of (D)					(Instr
					(Instr. 3,					
					4, and 5)					
								Amou	unt	
						Date	Expiration Date	or Title Numl		

Code V (A) (D)

Reporting	Owners

Reporting Owner Name / Address	Relationships						
	Director 10% Owner Officer			Other			
Durkee Matthew K 52 SOUTH BROAD STREET NORWICH, NY 13815			EVP / President of	New England			
Signatures							
By: Michael J. Chewens, Power of Attorney For: Matthew K. 03/27/2019							
<u>**</u> Signature of I		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to(1) receive an award based on Company performance goals in the form of restricted stock units that vest one year following the end of a performance period.
- (2) Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.