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Prue Nancy Form 4												
January 09,											PROVAL	
FORM	14 _{UNITE}	D STATE	S SECUR	RITIE	S A	ND EX	СНА	NGE C	OMMISSION			
						D.C. 20				Number:	3235-0287	
Check th if no lon subject to Section	OF CHAN	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							January 31, 2005 average urs per			
Form 4 c Form 5 obligatio may con <i>See</i> Instr 1(b).	Filed J ons Section 1	7(a) of the		tility H	Iold	ling Con	ipany	Act of	e Act of 1934, 1935 or Sectior 0	response	0.5	
(Print or Type	Responses)											
Prue Nancy J F Syr PE			Symbol PETRO	2. Issuer Name and Ticker or Trading /mbol ETROLEUM & RESOURCES ORP [PEO]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of		t Tr	ansaction			Director	10%	Owner	
PETROLEU	UM & RESOU TION, 7 SAIN	RCES	(Month/E 12/31/2	ay/Yea		ansaction			Officer (give below)		er (specify	
BALTIMO	(Street) RE, MD 21202	2	4. If Ame Filed(Mor			te Origina	l		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M	one Reporting Pe	rson	
(City)	(State)	(Zip)	Tabl	o I No	n D	orivotivo	Soour	itios Aca	Person	or Bonoficial	ly Ownod	
1.Title of Security (Instr. 3)		Date 2A. Deemed 3. 4 (ear) Execution Date, if Transaction			4. Securi	ties A ispose	cquired d of (D)	5. Amount of	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect		
Common Stock	12/31/2011			Code J		Amount 389	(D) A	Price \$ 0 <u>(1)</u>	5,357	I	By Issuer's Thrift Plan Trust	
Common Stock	12/31/2011			J	V	84	A	\$ 0 <u>(2)</u>	1,163	I	By ADX Thrift Plan Trust	
Common Stock	12/31/2011			J	V	99	А	\$ 0 <u>(3)</u>	7,207 (4)	D		
Common	01/06/2012			М		864	А	\$	8.071 (4)	D		

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Stock					6.225	
Common Stock	01/06/2012	М	864	D	$^{\$}_{25.15}$ 7,207 $^{(4)}_{(4)}$	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Numbe onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expiration Da (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities8(Instr. 3 and 4)5(Instr. 5 and 4)6	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option w/Tandem SARs (5)	\$ 6.225	01/06/2012		М	864	01/10/2004	01/10/2012	Common Stock	864	

Reporting Owners

Reporting Owner Name / Address		Relationships				
			10% Owner	Officer	Other	
Prue Nancy J F PETROLEUM & RESOURCES CORPORATION 7 SAINT PAUL STREET BALTIMORE, MD 21202				Executive Vice President		
Signatures						
Nancy J. F. Prue	01/09/2012					

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The number of shares reported as held by the Issuer's Thrift Plan Trust represents the undersigned's proportionate beneficial interest in such stock held in the Trust. Such number is based on information as of December 31, 2011. This number reflects periodic contributions

(1) made during 2011, shares acquired by the Trustee through dividend reinvestment, and changes in the number of shares previously reported due to fluctuations in the market price and interests in the Trust. Shares were acquired by the Trustee at various times during 2011. The Issuer's stock traded in a range of \$20.84-31.47 during 2011.

The number of shares reported as held by The Adams Express Company Thrift Plan Trust represents the undersigned's proportionate beneficial interest in such stock held in the Trust. Such number is based on information as of December 31, 2011. This number reflects

- (2) periodic contributions made during 2011, shares acquired by the Trustee through dividend reinvestment, and changes in the number of shares previously reported due to fluctuations in the market price and interests in the Trust. Shares were acquired by the Trustee at various times during 2011. The Issuer's stock traded in a range of \$20.84-31.47 during 2011.
- (3) These shares were acquired in exempt transactions as a result of dividend reinvestment. The Issuer's stock traded in a range of \$20.84-31.47 during 2011.
- (4) Of these shares, 41 shares are held in a custodial account with one of the undersigned's children.
- (5) The tandem stock option to purchase 864 shares has also been cancelled.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.