

STERLING JOHN L
Form 4
December 30, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
STERLING JOHN L

2. Issuer Name and Ticker or Trading Symbol
FIRST MIDWEST BANCORP INC [FMBI]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
300 PARK BOULEVARD, SUITE 400

3. Date of Earliest Transaction (Month/Day/Year)
12/28/2004

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)
ITASCA, IL 60143

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V Amount (D) Price			
Common Stock	12/28/2004		M ⁽¹⁾	413 A \$ 22.4	413	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004		M ⁽²⁾	998 A \$ 18.55	1,411	I	By NQ Stock Option Gain Deferral

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Common Stock	12/28/2004	<u>M</u> ⁽³⁾	1,005	A	\$ 18.4	2,416	I	Plan Tr By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>M</u> ⁽⁴⁾	2,011	A	\$ 18.875	4,427	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>M</u> ⁽⁵⁾	2,500	A	\$ 22.5	6,927	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>M</u> ⁽⁶⁾	2,215	A	\$ 28.695	9,142	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>M</u> ⁽⁷⁾	2,342	A	\$ 26.255	11,484	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>F</u> ⁽¹⁾	252	D	\$ 0	11,232	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>F</u> ⁽²⁾	503	D	\$ 0	10,729	I	By NQ Stock Option Gain Deferral Plan Tr
Common Stock	12/28/2004	<u>F</u> ⁽³⁾	503	D	\$ 0	10,226	I	By NQ Stock Option Gain

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Common Stock	12/28/2004	F ⁽⁴⁾	1,031	D	\$ 0	9,195	I	Deferral Plan Tr
								By NQ Stock Option Gain
Common Stock	12/28/2004	F ⁽⁵⁾	1,528	D	\$ 0	7,667	I	Deferral Plan Tr
								By NQ Stock Option Gain
Common Stock	12/28/2004	F ⁽⁶⁾	1,727	D	\$ 0	5,940	I	Deferral Plan Tr
								By NQ Stock Option Gain
Common Stock	12/28/2004	F ⁽⁷⁾	1,670	D	\$ 0	4,270	I	Deferral Plan Tr
								By NQ Stock Option Gain
Common Stock						80,962	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying Security (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title

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Non-Qualified Stock Option (right to buy)	\$ 22.4	12/28/2004	<u>M⁽¹⁾</u>	413	08/19/1999	08/19/2008	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	252	06/28/2005	08/19/2008	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 18.55	12/28/2004	<u>M⁽²⁾</u>	998	02/17/2000	02/17/2009	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	503	06/28/2005	02/17/2009	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 18.4	12/28/2004	<u>M⁽³⁾</u>	1,005	02/16/2001	02/16/2010	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	503	06/28/2005	02/16/2010	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 18.875	12/28/2004	<u>M⁽⁴⁾</u>	2,011	05/17/2001	05/17/2010	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	1,031	06/28/2005	05/17/2010	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 22.5	12/28/2004	<u>M⁽⁵⁾</u>	2,500	02/21/2002	02/21/2011	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	1,528	06/28/2005	02/21/2011	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 28.695	12/28/2004	<u>M⁽⁶⁾</u>	2,215	02/20/2003	02/20/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	1,727	06/28/2005	02/20/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 26.255	12/28/2004	<u>M⁽⁷⁾</u>	2,342	02/19/2004	02/19/2013	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.82	12/28/2004	<u>A⁽⁸⁾</u>	1,670	06/28/2005	02/19/2013	Common Stock

