SASSANO CARL E

Form 4

January 19, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

burden hours per

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * SASSANO CARL E			2. Issuer Name and Ticker or Trading Symbol TRANSCAT INC [TRNS]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First)		(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
C/O TRANSCAT, INC., 35 VANTAGE POINT DRIVE			(Month/Day/Year) 01/17/2006	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman, President and CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
ROCHESTER	, NY 14624		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip)	Table I - Nor	n-Derivative Securities Acc	quired, Disposed	of, or E	Beneficially Owned
1.Title of	2. Transaction Da	ite 2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of

1.11ttle 01	2. Transaction Date	ZA. Deemed	3.	4. Securit	ies Ac	quirea	5. Amount of	0.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transaction(A) or Disposed of (D)			Securities	Ownership	Indirect	
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)			Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)				Owned	(D) or	Ownership
		` ,					Following	Indirect (I)	(Instr. 4)
							Reported	(Instr. 4)	(
					(A)		Transaction(s)	(111311. 4)	
					or		` '		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common			coue ,	7 IIIIO GIII	(2)	11100			
Common									
Stock, \$.50	01/17/2006		M	50,000	A	\$ 1	217,407	D	
par value									
pai value									
Common									
	01/17/0006		_	0.504	_	\$ 5.25	207.002	ъ	
Stock, \$.50	01/17/2006		F	9,524	D	5 25	207,883	D	
par value						3.23			
1									
Common									T
Stock, \$.50							3,000 (1)	I	By
							3,000 <u>~</u>	1	daughter (1)
par value									
~							2 000 (2)	_	D ::
Common							$3,000 \frac{(2)}{}$	I	By wife, as
Stock, \$.50									custodian
~ · · · · · · · · · · · ·									

par value for son (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Derivative Expiration		Expiration Dat	. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Warrant (Right to Buy)	\$ 2						08/22/2005	08/21/2006	Common Stock, \$.50 par value	4,000 (3)	
Stock Option (Right to Buy)	\$ 1	01/17/2006		M		50,000	<u>(4)</u>	04/29/2007	Common Stock, \$.50 par value	150,000 (4)	
Stock Option (Right to Buy)	\$ 4.26						<u>(5)</u>	08/15/2015	Common Stock, \$.50 par value	10,895 (5)	

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
SASSANO CARL E C/O TRANSCAT, INC. 35 VANTAGE POINT DRIVE ROCHESTER, NY 14624	X		Chairman, President and CEO					

Signatures

/s/ Carl E. 01/19/2006 Sassano

Date

Reporting Owners 2

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are owned by Mr. Sassano's daughter. Mr. Sassano disclaims beneficial ownership of these shares.
- (2) These shares are owned by Mr. Sassano's wife as custodian for their minor son. Mr. Sassano disclaims beneficial ownership of these shares.
- (3) This non-transferable warrant was previously reported by Mr. Sassano.
- This option was previously reported by Mr. Sassano. Mr. Sassano can exercise this option in cumulative increments of 50,000 shares after each of the following dates, providing the market price of the Company's Common Stock meets or exceeds, for 20 of 30 consecutive trading days, the following respective amounts: 4/30/02--\$2.25; 1/1/03--\$3.50; 1/1/04--\$5.25; 1/1/05--\$7.50; to the extent such market price requirements are not satisfied, the balance of the option becomes exercisable on 4/30/06.
- (5) This option was previously reported by Mr. Sassano. Mr. Sassano can exercise this option as follows: 3,632 shares on 8/16/06, 3,632 shares on 8/16/07, and 3,631 shares on 8/16/08.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3