TRANSCAT INC Form 4 February 19, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

(Print or Type Responses)

1. Name and Addr HADEED CHA	•	ng Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			TRANSCAT INC [TRNS]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
			(Month/Day/Year)	X Director 10% Owner			
C/O TRANSC	AT, INC., 35	5	02/17/2014	_X_ Officer (give title Other (specify			
VANTAGE POINT DRIVE				below) below) Executive Chairman			
				Executive Chairman			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
ROCHESTER,	NY 14624			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)		. ID: 16 D 6: 110			

(City)	(State)	Zip) Table	le I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction		4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock, \$.50 par value	12/16/2013		G	V	3,000	D	\$ 0	122,145	D				
Common Stock, \$.50 par value	02/17/2014		M		20,000	A	\$ 2.89	142,145	D				
Common Stock, \$.50 par value	02/17/2014		F(1)		6,283 (1)	D	\$ 9.2	135,862	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secur Secur Acqui or D (D)	urities uired (A) isposed of r. 3, 4,	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 2.89	02/17/2014		M		20,000	10/18/2007	10/18/2014	Common Stock, \$.50 par value	20,000
Stock Option (Right to Buy)	\$ 4.26 (2)						08/16/2008	08/16/2015	Common Stock, \$.50 par value	6,103 <u>(2)</u>
Stock Option (Right to Buy)	\$ 5.68 (2)						08/08/2009	08/08/2016	Common Stock, \$.50 par value	7,042 (2)
Stock Option (Right to Buy)	\$ 5.24 (2)						04/10/2010	04/10/2017	Common Stock, \$.50 par value	100,000
Stock Option (Right to Buy)	\$ 7.72 <u>(2)</u>						07/30/2011	07/30/2017	Common Stock, \$.50 par value	48,128 (2)

Reporting Owners

Reporting Owner Name / Address	Relationships							
rioporomig o maior riamio i riamio so	Director	10% Owner	Officer	Other				
HADEED CHARLES P C/O TRANSCAT, INC. 35 VANTAGE POINT DRIVE ROCHESTER, NY 14624	X		Executive Chairman					

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Signatures

/s/ Ebony S. Robinson, Attorney-in-fact for Charles P. Hadeed

02/19/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Previously acquired shares tendered to the Issuer in payment of the exercise price.
- (2) This option was previously reported by Mr. Hadeed.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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