TRANSCAT INC Form 4 May 22, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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January 31, 2005

0.5

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may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Rudow Lee D.

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

(First)

(Middle)

TRANSCAT INC [TRNS]

(Check all applicable)

C/O TRANSCAT, INC., 35

3. Date of Earliest Transaction

(Month/Day/Year) 05/20/2014

Director 10% Owner X_ Officer (give title Other (specify

below)

below) President and CEO

VANTAGE POINT DRIVE

4. If Amendment, Date Original Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Person

ROCHESTER, NY 14624

(City) (State) (Zip)

(Street)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)

Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

(A)

Common

Stock, \$.50 05/20/2014 par value

 $A^{(1)}$

8,799 (1)

\$0 32,024 (2) D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	ransactionNumber Exp ode of (Mo		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					Disposed of (D) (Instr. 3, 4, and 5)				Amount or	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Number of Shares	
Stock Option (Right to Buy)	\$ 7.57 <u>(3)</u>					(3)	07/30/2023	Common Stock, \$.50 par value	100,000	

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Rudow Lee D. C/O TRANSCAT, INC. 35 VANTAGE POINT DRIVE ROCHESTER, NY 14624

President and CEO

Signatures

/s/ John J. Zimmer, Attorney-in-fact for Lee D. Rudow

05/22/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

These shares were awarded to Mr. Rudow upon the vesting of a performance-based restricted stock award granted to him on 4/4/11 under the Transcat, Inc. 2003 Incentive Plan in a transaction exempt under Rule 16b-3. The shares underlying the award vest after three years

- (1) subject to the Company achieving specific cumulative fully-diluted earnings per share (EPS) objectives over the eligible three-year period ending in fiscal year 2014. Based on the Company's achievement of certain pre-determined EPS thresholds, Mr. Rudow's award vested with respect to 8,799 shares.
- (2) Includes 1,367 shares acquired under the Transcat, Inc. Employees' Stock Purchase Plan.
- This option was previously reported by Mr. Rudow. Mr. Rudow can exercise this option as follows: 20,000 shares on 9/10/15, 20,000 shares on 9/10/16, and 60,000 shares on 9/10/17.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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