Edgar Filing: Sparano Katrina Leonore - Form 4

Sparano Katrina l Form 4	Leonore										
May 23, 2006											
FORM 4			CE CLU						OMB A	PPROV	۹L
	UNITED	STATES		RITIES A shington			E COMMISSIO	<u> </u>	MB lumber:		-0287
Check this box if no longer					DENT			E	xpires:	Janua	ry 31, 2005
subject to Section 16. Form 4 or	ubject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF ection 16. SECURITIES						E b r€	Estimated average burden hours per response		0.5	
Form 5 obligations may continue. See Instruction 1(b).	Section 17(a) of the H	Public U	Itility Hol	ding C		nge Act of 1934 of 1935 or Sect 1940				
(Print or Type Respondence)	nses)										
1. Name and Addres Sparano Katrina		Person <u>*</u>	Symbol			or Trading	5. Relationship Issuer (Ch		porting Per		
(Last) P.O. BOX 1079	(First) (I	Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/22/2006			on	Director 10% Owner X_ Officer (give title Other (specify below) below) Assistant Treasurer				
SARATOGA SP	Street) PRINGS, NY	7 12886		endment, D onth/Day/Yea	-	inal	6. Individual or Applicable Line) _X_ Form filed b Form filed by Person	Joint/ y One I	Group Fili	ng(Check erson	
(City) ((State)	(Zip)	Tab	le I - Non-l	Derivati	ve Securities A	Acquired, Disposed	of, or	Beneficia	lly Owne	d
	ansaction Date th/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	Dispos (Instr. 2	(A) or ed of (D) 3, 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form	wnership n: Direct or Indirect r. 4)	7. Natur Indirect Benefici Ownersh (Instr. 4)	al 1ip
Reminder: Report on	a separate line	e for each cla	ass of sec	urities bene	ficially o	wned directly	or indirectly.				
					info req disp	rmation con uired to resp	spond to the colle tained in this forr ond unless the fo ntly valid OMB co	n are orm	not	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. P
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof	Expiration Date	Underlying Securities	Der
Security	or Exercise		any	Code	Derivative	(Month/Day/Year)	(Instr. 3 and 4)	Sec

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	,				(
			Code V	(A) (D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 17.36				10/13/2007	10/13/2015	Common Stock	600	
Stock Option	\$ 17.8	05/19/2006	А	600	05/19/2008	05/19/2016	Common Stock	600	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Sparano Katrina Leonore P.O. BOX 1079 SARATOGA SPRINGS, NY 12886			Assistant Treasurer			
Signatures						

Katrina Leonore Sparano	05/22/2006		
**Signature of Reporting	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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